Apríl 2021

A Non-Profit Community Publication





### Reprinted from Issue One – April 2011:

Since the Community Crier ceased publication in 2006, there has been a noticeable lack of communication about issues and events in and around Shawnigan (Area B). A concerned group of Shawnigan residents have recently worked together to launch a newspaper that will endeavour to fill this void. This is the first issue of what we hope will be a muchvalued community newspaper. We aspire to give you and all who live, work and play in the Shawnigan Lake area a quality local newspaper that will focus on the Shawnigan community. A community is a group of people who share a geographic area and a common interest in its social, economic and environmental well-being. The key to a happy and robust community is interaction and communication among its members. A local newspaper provides a forum for an exchange of important information and opinions that are essential to the health and vitality of a community such as ours. The vision of the Shawnigan Focus is 'A Strong Community Through Strong Communication".

Shawnigan Focus will report newsworthy information each month, but it will also announce upcoming events, profile local people and activities and look back to earlier times in order that we not lose sight of the people and the values that shaped the community that we enjoy today. A letters-tothe-editor section will enable community members to give their opinions and register their concerns. Shawnigan Lake has a long and interesting history. Gradual growth since the beginning of the 20th century has, in recent years, become more rapid.

With new residents comes a shift in values and expectations about community dynamics, appearance and function. Rapid growth also results in a general reduction in the knowledge and understanding of the community's past and the traditional characteristics that have been considered of importance and value. There comes a time in the life and development of a community when the need of its members to communicate and interact requires a new approach. The Shawnigan Focus team feels

that the time has come for this community to have its own permanent newspaper. The several Cowichan and Victoria newspapers lack sufficient focus on Shawnigan community events and initiatives. It is our expectation that Shawnigan Focus will fill this gap and, in so doing, will nurture in us a strong sense of place and a feeling of pride.

The launch team looked to the community newspaper, Metchosin Muse, as a model worth emulating. We would be remiss if we failed in this first issue to acknowledge the generosity of time and wisdom given to us by the volunteers who produce that paper. Like the Muse, Shawnigan Focus is a not-for-profit undertaking and produced by volunteers. Most residents in Area B will receive the newspaper by mail. A subscription service is under consideration for property owners who live elsewhere Paid advertisements will cover production and mailing expenses.

Origional Focus launch team included: Lori Treloar, Bruce Fraser, Graham Ross-Smith, Roy Davies, Al Brunet

### Fast forward to April 2021...

The Focus crew is a small but dedicated volunteer team: **Dave Hutchinson**, Editor; **Lori Treloar**, Editor; **Kim Hennecker**, Ads and Accounts; **Taryn Treloar**, Layout; **Janet Neilsen**, Community circulation (aka The Paper Girl)

The Focus, 10 years later, is

still mailed free of charge to the Shawnigan Lake community and there are now many out of area mail subscribers.

The Focus team would like to thank community members who contribute articles and updates for local organizations to the Focus every month and the many advertisers who support the Focus so that it can continue to offer the service.

Shawnigan Lake is a unique community that seldom gets å in print...and it runs under the radar in many ways. The Focus is a means to build and strengthen the community.

People and groups in the community are encouraged to sub-

mit articles, letters to the editor, updates for local organization and photos. This publication is meant to celebrate and connect Shawnigan Lake.

If you would like to be added to the monthly reminder, or to submit and article, email shawniganfocuseditor@gmail.com

The team also encourages local businesses to consider supporting the publication by advertising in the Focus. If you are interested, email Kim at <a href="mailto:shawniganfocusads@gmail.com">shawniganfocusads@gmail.com</a>

For anyone interested, all of the previous issues are available on the Focus website http:// shawniganfocus.ca/

### What is fair?

**Glenn White** Opinion Piece

We all need to know our limits and play within them. With that in mind I was trying to make sense out of the large amount of debt the government is incurring to address the COVID impact and also trying to understand comments by Mr Mac-Gregor, our MP, and Mr Singh, Leader of the Federal NDP, that the "rich" need to pay more taxes. I did some digging, and it is not easy, but as near as I can tell this is the break down on who pays what in federal taxes.

- The top 10% of earners pay about 60% of the taxes
- The next 60-89% of earners pay about 32% of
- The remaining 40 to 59% of earners pay about 8%
- And the 1 to 39% of earners pay no federal taxes

I also tried to understand what "fair" share means. In the Merriam Dictionary it means "a reasonable amount"; in Oxford, "an equitable or reasonable portion or share and reasonable means solid judgement, fair and sensible".

I think by any of those definitions the 10% paying about 60% of the taxes may not seem fair or reasonable. However, when one listens to politicia like Mr Singh saying that the rich have to pay their share I am not sure what he means. It appears that the top earners already pay their "fair share" and then if you take the top 40% together they pay about 92% of the taxes. That means 40% pay almost no tax. Is this fair? Again, depending on how you define fair...it could be.

One could say maybe we should apply the old religious model "each to his ability to pay" but even applying that rule it appears the top earners pay well in excess of their share of the tax bill. The real issue comes down to two things which maybe the government can do as we start another new year.

- The government is spending more than they take from taxpayers and we as taxpayers are on the hook for it and it appears to me the top already pays their "fair share". Maybe the government should know its limits and live within them.
- 2. The Government appears to often obfuscate and confuse the issue as it is very difficult to see where the tax money is going and appears to have little accountability for the outcomes of the money spent. Maybe the government can provide clear and easily understood records of, to what, and to whom, the tax money was paid.
- I think that we, as taxpayers, need to step back and hold all levels of government accountable for how and where it spends its revenue, and expect that taxpayers are provided with a clear and understandable record of how much of that revenue is actually getting to the people in need and not being used to pay the organizations and bureaucracies tasked with the dispensing those funds. Sooner or later we all have to pay our bills and that includes the government.

### Shawnigan Weather March 2021

Stats courtesy of UVic Weather Network Reported by Grant Treloar

	March Normal	Cigarmaker's Bay		Discovery School		Museum		Elford Road	
		2021	2020	2021	2020	2021	2020	2021	2020
Average High	10.4	10.0	9.8	10.9	10.4	11.0	10.6	10.1	9.7
Average Low	1.7	0.8	0.7	0.6	0.2	1.7	1.4	0.7	0.2
Extreme High	22.2	13.2	15.9	14.0	15.4	15.0	16.3	13.0	14.0
Extreme Low	-11.7	-2.1	-3.2	-2.7	-3.6	-2.2	-2.5	-2.5	-3.5
Precipitation	119.2	66.6	49.3	53.8	47.8	36.6	33.8	52.0	48.2
Days w precip	19	15	18	16	17	12	16	14	17
Year Precip	469.2	466.4	582.9	428.5	553.8	344.7	466.3	412.4	593.5
Precip since Oct 1	1003.9	1136.5	937.8	1067.7	876.1	869.2	742.0	1040.0	918.5

Rank since 1914: 49<sup>th</sup> warmest, 14<sup>th</sup> driest

	March 7	March 14	March 21	March 28	
Lake Temperature:	4°	5°	6°	6°	
Lake Level Change:	-13cm	-14cm	-10cm	+1cm	
Surface Elevation:	116.54m	116.40m	116.30m	116.31m	

March was close to normal in temperature, but, for the 2nd year in a row, was very dry. Coldest day was the 15th and the warmest on the last day of the month. There were 10 days with freezing tempeatures. The "wet Season" (since October) is running close to average.

### South Cowichan Library

Monica Finn

South Cowichan Library

The South Cowichan Library is happy to announce our hours are expanding on Tuesday,

- ★ Tuesday through Saturday
- Tue: 10am 8pm
- ★ Wed to Sat: 10am 5pm

Masks are required when visiting the library. If you can't or prefer not to enter the library, we're happy to arrange a time to handyour requested items to you right at the

You can now browse the entire collection! You can also use a public computer, print, or scan.

If you bring your library card or install the MyLibrary! App, you can use the touchless self-checkout machine.

All returned items are quarantined overnight before returning to circulation. Overdue fines are waived at check-in.

If you know someone unable to come into the library due to illness or injury, please let them know about our monthly volunteer Home Delivery service.

If you have questions, please call or email us at southcowichan@virl.bc.ca. We can help you place holds, order the next in a series, get started with eBooks, learn how to access online newspaper and magazines, and more!

### Shawnigan Focus Team:

Editors:

Lori Treloar Dave Hutchinson Advertising and Accounting: Kim Hennecker

> Layout: Taryn Treloar Local Distribution: Janet Neilsen

Printed by International WebExpress Box 331 Shawnigan Lake, BC VOR 2WO 250-743-8675

### What is an Interact Club?

Peter Salmon

President, St. John's Academy Shawnigan Lake Interact Club

What is an Interact Club? Well, Interact Clubs are student-led, community-based service and leadership clubs that are sponsored by Rotary International. Each year, these clubs lead various community and school projects and fundraisers. If you would like to learn more about Interact Clubs, I encourage you to visit rotary. org/get-involved/interact-clubs

This year, the St. John's Academy Shawnigan Lake Interact Club is working to address the many unpicked fruit trees in the Cowichan Valley. When school resumes after summer

break, teams of dedicated Interactors will visit properties around the Valley to collect fruit, which will then be prepared into jams & jellies for fundraisers and donations. As Interact is a service club, the fruit picking will be completely free to anyone who signs up! If you would be willing to have the Interact Club collect some or all of your fruit, or you would just like to learn more, you can visit our website and sign up at bit.ly/sjafruit We appreciate your support!

In addition, a Shawnigan Lake fishing derby, run by the Interact Club, will be taking place on the May long weekend! Sign-up isn't open yet, but stay tuned: you can follow us on Instagram or Facebook for updates.

## Ravenhill Rd Alice Ravenhill



#### Lori Treloar, Executive Director, Shawnigan Lake Museum

On Monday March 29th a monument, honouring Alice Ravenhill, was installed in the outdoor gallery at the Shawnigan Lake Museum by the Historic Sites and Monuments Board of Canada, and Parks Canada

So, who is Alice Ravenhill and what does she have to do with Shawnigan Lake?

Alice Ravenhill was born in Snaresbrook, England in 1859 - the middle child of seven in a well-to-do family, Alice had nurses and governesses to make sure she was brought up in a manner befitting the daughter of a famous naval architect and marine engineer. The only inconsistency in her strict Victorian upbringing was that she was allowed to attend school, an unusual activity for girls of her social standing. She excelled in school and after she graduated, at 17, she planned to continue her studies at the

National Training School of Cookery in England. Her father insisted instead, that she find the right man and marry.

Ravenhill never did marry. She was engaged once but her father ended the relationship three days before the wedding. He believed that her fiance would never make anything of himself and therefore was not worthy of her. Her father was wrong - her fiance went on to become an eminent surgeon.

Alice began an extensive career of lecturing, meticulous research, and publications about health, sanitation, and childcare. Alice contributed her expertise to schools, colleges, and other institutions across Europe and America. Her career was halted several times by various health issues but her determination and compassion never faltered.

At age 51, Alice and her sister followed their brother and nephew to British Columbia to start a new life of homesteading. They arrived in November 1910. British articles about Alice Ravenhill commented that it was a pity that she left a promising life in England to live in the untamed and culturally starved wilds of Shawnigan Lake. Their property was where

Shawnigan Lake School is now situated. Alice, herself, admitted great trepidation at the thought of coming to Canada and insisted that she'd only come for five years. However WW1 intervened and after the war she couldn't afford to return to England

Although they were faced with numerous challenges, the Ravenhills soon became active members of the community. Among other things, Alice was a charter member of the Shawnigan Lake Women's Institute and her family sponsored the Anglican Church in the community.

Alice continued to pursue home economics and, a year after her arrival, she went to work for the BC Department of Agriculture, helping with the newly established Women's Institutes. The BC Women's Institutes were one of the pioneering organizations promoting women's social and educational advancement. Ravenhill was a vital force in their development. Alice travelled around B.C., lecturing and writing papers for the province's Women's Institutes.

After the death of her nephew in WWI, the family moved from Shawnigan Lake to Victoria (1919).



In addition to the field of home economics, the love of Ravenhill's life was the art of British Columbia's Native people. She first became interested in Native arts when she was asked by the Women's Institute, in 1926, to adapt Native designs to the making of hooked rugs.

As she explored the collections at the British Columbia Provincial Museum, she developed a fascination with Native arts and culture. She began lecturing on the subject, and wrote three books detailing

her findings about the lives of B.C.'s Native people.

Miss Ravenhill retired to a home for aged women in Victoria in 1948. That same year, she received an Honorary Doctor of Science degree from the University of British Columbia. She continued to advocate both home economics and awareness of Native culture until her death in 1954, at the age of 95.

Alice was a brilliant woman, courageous and scholarly, who gave much to her adopted country.

### Shawnigan newspapers, old and new

#### Reprinted from Issue One – April 2011:

Lori Treloar Shawnigan Focus Editor

Shawnigan Focus is the latest in a series of Shawnigan newspapers/newsletters produced and distributed by dedicated volunteers over the last 35 years. On February 16, 1976, Volume 1, Number 1 of the monthly Shawnigan Lake News was delivered to every mail box in Shawnigan Lake. This was the first newspaper for the community of Shawnigan Lake. Steve and Joan Wachtin, who ran a printing business from their home in the village, produced the newspaper in their basement. The Shawnigan Lake News was initiated as a way to give back to the community who generously rallied when the Wachtins lost their home to fire.

Anything printed by the Wachtins was done in the old fashioned way using an ancient 1899 letter press. The lead type was hand set. Every letter, word and picture was hand placed one at a time. Each 8 1/2 x 11 page was laid out one letter at a time and then printed individually. The Wachtins continued printing the Shawnigan Lake News until Steve's retirement in 1978.

Brownie Gibson, a regular contributor to the Shawnigan Lake News, a local historian and teacher, and the Shawnigan Correspondent for a Victoria paper, was an instigator for the second community "newspaper". In response to "popular demand" a publishing committee, including Brownie, Garth and Gladys Harvey, Annette Clarke and Candy McLennan, produced the first issue of the monthly Community Crier in August 1980. The Shawnigan Lake Community Centre agreed to guarantee \$600 to cover the first issue. This money was never used because advertising revenue covered the costs of printing and distribution. The Crier was intended to be non-for-profit and if profits accrued, the proceeds were given

to the SLCC.

Although the process to produce Shawnigan Lake News seemed antiquated, the process for the original Crier was not much of an improvement. All of the copy for The Crier was typed on a type-writer, in manuscript style. The proofed manuscript was then sent to a printing company where the copy was set with linotype. This meant that the entire manuscript was retyped, line by line.

Then it was set up in trays in sequence, similar to the letter press process, before it was printed. The printing company produced a "galley proof" for The Crier team every month. The editor marked any mistakes in the proof with International Typographical Union symbols and returned it to the printing company. Any corrections, big or small, required that the entire line be re-typed. Initially, The Crier was printed on one 8 ½ x 14" paper and hand folded to make four pages. Eventually,

six pages became the norm by including a half sheet insert. This team produced the paper for 10 years with an average circulation of approximately 900. The Shawnigan Lake Volunteer Library Society was the first of many groups to produce The Crier after the initial crew retired. Many volunteers helped keep The Crier in production with only a few interruptions until 2006 when it was finally retired.

The Shawnigan Lake Business Association sponsored The Crier for its final few vears and distributed it quarterly. This was the only time in The Crier history that it was produced by modern methods that we take for granted. Submissions could be sent by email and the layout and set-up was done on the computer. The Community Crier connected the people of Shawnigan for over 25 years and the impact from its loss was substantial.

For the past few years,

the third "newspaper" in the area, Shawnigan Times, has been distributed to roughly 500-600 homes, predominantly in the Shawnigan Village.

This is produced by a father/son team, Kim and Chris Hennecker, and their focus is to provide an advertising medium for the area. For many concerned residents, it has been obvious for a long time that there was a need to create a vehicle that could inform the community.

In response to "popular demand", a small group has rallied to produce Shawnigan Focus, a newspaper which is designed to be a community builder. As you savour the content in Shawnigan Focus, take a moment to appreciate the volunteers from our strong past and the volunteers of our vibrant future who will contribute to the well-being of our community by producing a newspaper that will communicate, educate, and titillate.

### **Book Review**

Marcy Green Shawnigan Focus

#### The Salt Path

By Raynor Winn Published by Penguin Books Copyright by Raynor Winn, 2018

"A tale of triumph: of hope over despair; of love over everything. "

-Sunday Times

This true story begins in devastation. The couple, Ray and her husband, Moth, have had their family farm repossessed by bailiffs after losing a court case against a friend with whom they made a very bad investment. Their children are both at university, and so the home of memories is lost to

all four of them.

To add to their despair, Moth receives a diagnosis of a neuro-degenerative disease with no hope of a cure. They are so blind-sided by grief and disbelief that they make a quick, and seemingly reckless decision. They decide to walk the South West Coast Path of England, a 630-mile trek from Somerset to Dorset via Devon and Cornwall.

Always hikers and rock climbers, they dig out their old, somewhat decrepit gear, store a few belongings, and take off. Because their guidebook starts at one end of the Path, the more difficult one, they begin there.

Having read about a number of long walks like the Camino, or the Appalachian Trail, I was always interested in the thoughtful choosing of the high tech, rainproof gear. High protein food, pop-up tents, good boots and jackets are all so necessary for survival, particularly along coastal paths. There was no such planning here. They just began, and it was painful to read of their lack of foresight.

When Ray didn't bring sunscreen for her peeling nose, nor even a hat for the sun beating down, I was exasperated beyond belief. And when Moth revealed he'd forgotten his meds at home, I was ready to throw the book across the room.

But, in spite of these issues, including the unpredictable

weather, the difficult terrain and poor equipment, they began to settle into a rhythm. The days lengthened into meditative connections with the wind, the sea and the changing land around them. All of this told in Ray's beautiful, lyrical prose. Moth began to find his old strength and their close partnership carried them forward. They were being nourished and increasingly healed by their walk, as well as by the living creatures around them.

The most difficult experiences were had when they explained that they were homeless and had the camaraderie of the trail shattered as people reacted in disdain and disgust. They soon learned to leave that detail out, but were painfully aware of the stigma, and

eventually met others on the journey in their same situation who shared whatever they had. It was a sad and sobering eye opener to how society treats those who have lost so much.

By the time the Path ends, Ray and Moth have regained their strength and confidence. They are offered a home to rent by the sea, close to the Path, and begin to make plans for the future.

A second volume, "The Wild Silence" explains how Ray wrote the book, its terrific success, and how they eventually became dwellers on another farm. Recommended for those who like stories of strength and redemption, all fueled by love.

Rating: 5/5 stars

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### One more "Block of the Quilt"



#### Sierra Acton Area B Director

Do you ever wonder who gets to decide how the community develops? Have you ever wondered how we acquire more parkland? Or have you ever asked yourself "how do we make sure the community grows in the direction we want to go?" If ou have ever asked yourself anything like this, the answer is that we follow a "pattern." In Shawnigan Lake we have several documents that create the template/ pattern for where we want to go. These documents include, among others, the Official Community Plan, The Parks Master Plan and the ThinkShawnigan Plan. All of these documents focus on a vision of the community's future and help chart the path to get there.

These plans are important for direction, guidance and funding. Furthermore, all of these documents were developed by community for community. Where the community is on the path

and even the end goals themselves may not always be apparent because parts of the plan have to be implemented when the opportunity presents itself. Just like a quilt, it's hard to see the big picture until the blocks are sewn together.

The Shawnigan Community has just completed another "block of the quilt." Just recently Shawnigan Lake purchased a 2-acre piece of land that connects Mason's Beach to the Community Centre. This completes the "patchwork" of community parks from Mason's all the way through to Government Wharf Beach. This parcel was zoned commercial and could have been anything from a mechanic's shop to a boutique hotel.

Now it belongs to the community. It provides views of the lake, parking for the trailhead/beach and will also help alleviate some of the congestion at Government Wharf Park and Heald Rd. As such, plans include creating a safer passage

from this new greenspace to Mason's Beach and the Rail with Trail. This is a wonderful new addition to Shawnigan's public waterfront access that we can tailor over time to best fit the communities requirements.

This new park helps address a number of challenges that were identified through the ThinkShawnigan process; not enough parking at Government Wharf Park and the village, limited views of the lake and limited access to the lake for enjoyment (walking, swimming, kayaking). Eventually, the accessible walking trail, as stated in the Parks Master Plan, will go all the way from Mason's Beach to Old Mill Park (and on the far side of Old Mill Park, there is a trail that continues to the top of Old Baldy.)

I am grateful to the CVRD and the Area B Parks Commission for their support in helping our community preserve such a valuable waterfront green space for future generations to enjoy.

#### EDITORIAL SUBMISSION GUIDELINES:

Send to shawniganfocuseditor@gmail.com In word or text format, not pdf.

If you include photos, send as a separate jpg. file Photos should be high resolution.

### Guided forest walk & talk - Join us!



**Brettany Flowers** Shawnigan Basin Society

Saturday May 1st – 9:30 am to 1 pm at 102 1760 Shawnigan Lake Mill Bay Rd, Shawnigan Lake BC.

The Koksilah Ancient Forest Reserve is an absolutely incredible stand of old-growth Douglas-firs that rivals Cathedral Grove with its beauty and scale. Most of the grove's big trees range from 4 to 6ft in diameter with the largest

ones reaching over 8ft across at the base.

The forest is located alongside the winding Koksilah River which has excellent swimming areas as well as a Provincial Campground nearby.

The Ancient Forest was saved but not permanently protected about 15 years ago by 2 loggers. An agreement with the forestry company came about not to cut

the big trees.

Ed Wiebe has been a resident of Shawnigan Lake for 25 years and is a director at the Shawnigan Basin Society.

Ed has been a member of the Shawnigan Basin Society since it was formed and presently is also a Shawnigan Research Group member. He is an avid hiker and former Mountain Bike rider. The fight to stop the dumping of contaminated soil in our wa-



tershed and other local issues made him realize the importance of getting involved to stand up and work to protect our community.

- ★ Please arrive at the Shawnigan Basin Society Volunteer Center prepared to remain outdoors for the duration of the workshop.
- ★ Ed will start with a short half hour talk before heading over to the Ancient Forest Reserve.
- ★ Everyone provides their own transportation. Part of the road is a moderately maintained logging road; parking space is available on the road side.

- ★ Due to COVID, physical distancing and masks inside buildings are mandatory.
- ★ Limit of 10 individuals per tour.
- ★ Hike difficulty rated 2-3 out of 5.
- ★ Donations to the Shawnigan Basin Society are welcome.
- ★ Register by Telephone: 250 929-4076 or email: info@ shawniganbasinsociety.org

The Ancient Forest tour may need to be postponed as restrictions and advisories may change due to Covid 19, we will take reservations at this time and notify participants 2 days in advance if there is a cancelation.

### Spark joy! One piece at a time

**Kim Barnard**Shawnigan Lake Rotary
EcoClub and Friends

Can you imagine a world without litter? No bags blowing in the wind or wrappers dotting the roadsides? Nary a cup, can or bottle for as far as the eye can see? No? Neither can I. Once you learn to see it, it's everywhere! How does it even get there? Do we each have so much stuff that we lose track of our bits and pieces? Trash, garbage, waste, refuse - it's the last thing we want to hang on to, really.

I guess that's why we will always have impulsive toss-

ers! A sorry mess becomes an opportunity for the rest of us to step up and pick up. Can Clean Ups \*really\* Spark Joy? You bet!

Our April Call to EcoAction is with each step to exercise our ability to spot and remove unwanted items and unnecessary clutter. Start where you are. Donate, dispose, divert to recycling, whatever you can do to lighten your load and the burden that having a mess carries.

Why not step into peace - one piece at a time! To "Clean Where You Are" is a way of slowing down and learning to

see what is there to work with and what areas need attention. Train your eyes to really see what's on your property and on your walks in your neighbourhood. Sometimes it really is camouflaged! Waste does not belong in wild spaces, pathways or living areas. Our kiddos and critters will certainly benefit from your TLC!

Thursday, April 22nd to Saturday, April 24th, we especially invite Shawnigan residents to collect a bag (or two?!) of litter they find nearby, and let us know! Please use the hashtag #TLCShawnigan2021 and post to Instagram/Facebook your "Before and After" Transformations. We promise you, it'll be \*a rewarding feeling\* to take out the trash! We have a youth crew standing by to help haul it all to Fisher Rd Recycling, thanks to Relax Collective of Shawnigan, and Youth 20/20 Can Cowichan! Contact us for support, and remember to follow the current health and safety guidelines. We have a gloves+tongs notouch approach!

More details at www.shawniganrotaryecoclub.ca

The Cowichan monthly teaching for April is "Take Care of the Earth" and throughout the Valley there will be ongoing Clean Ups - follow #CleanCowichan2021 and#IslandCleanEarth2021. The combined efforts of all of our caring citizens will continue to have an impact!

We invite you to Spark Joy this Spring - join the litter-picking.





Membership packages include: access to cardio equipment, selectorized and plate loaded strength equipment, functional training equipment and free weights; group fitness classes (Yoga, Zumba, Cycle Fit and more!); Infrared Sauna, and Towel Service!



#1-1400 Cowichan Bay Rd. Cobble Hill Call (250) 743-0511 www.valleyhealthandfitness.ca



### **Malahat Legion**

**Gloria Solley** Malahat Legion

Facebook: Royal Canadian Legion br 134

Web: <a href="https://malahatlegion.Ca">https://malahatlegion.Ca</a>

As identified during the March 29th, 2021 provincial update by Dr. Bonnie Henry, the Malahat Legion has had to close its' doors. We are planning to re-open on Friday, April 19th if all goes well.

In the meantime, we are continuing our BOTTLE DRIVES on Saturdays from 10:00 am – 2:00 pm. All proceeds from the bottle drive will help pay our monthly utilities bills. Donations for BROKEN PROMISES Animal Rescue can also be dropped off at this time.

We are looking forward to seeing everyone back when we get the go-ahead to re-open.

Betty is busy looking to add different items to our menu.

Last month we held a "Contact-Free" Dinner for 75 Veterans and it was a huge success. Thanks to the Shawnigan Cobble Hill Farmers' Institute Society for making the Chicken, Beef and Turkey Pot Pies. They were well received and the great comments are still coming in. Thanks also to the Veterans who helped.

#### ACT OF KINDNESS.

Big thank you to Duncan Paving for coming to fix our big pot hole near our blue recycling bin by the back gate. It was their thank you to the Legion for letting them park in our lot for a bit while they were working on another job for a few days in the area. You guys are awesome!! Small businesses helping each other.

Wounded Warrior Run Up-date: After looking at many different models and modifications the 2021 Wounded Warriors Run has officially cancelled this year.

The Malahat Legion is proud to support the ill and injured Veterans, First Responders and their families and we believe the need is greater than ever in these unprecedented times. The programs put on through Wounded Warriors are still being offered with both the need and growth expanding including a brand new program for Surviving Spouses was just launched and a session will be held in Sooke the end of the month.

Although our Malahat Legion #134 is temporarily closed due to Covid-19 rules, we are organizing a virtual On-Line Auction with all the proceeds going to the Wounded Warriors at the end of April. Be sure to check it out.

Hayward Farms, (Mill Bay) has generously donated a Rancher's Harvest Basket of of meat and a Cantucci Basket. Thrifty Foods (Mill Bay) has donated 2 - \$50.00 gift cards.

Other items include 2 assorted wine buckets and goodies, \$25.00 Country Grocer Gift card, and a whole bunch of really good stuff. Be sure to check our Face Book page for more information and to make your bids. Remember – all proceeds go directly to the Wound Warriors.. Royal Canadian Legion Br 134

For the past few months the YSAG quilting group has been busy making quilts for the Veterans Quilts of Valour.

We finally got a sneak peak of the quilts they are working on. 15 quilts have now completed.

Presentation of these Quilts will be started up again once Dr. Bonnie gives the okay when it is safe...

If you are interested in nominating a Veteran for a quilt feel free to contact them at.

https://www.quiltsofvalour.ca

#### SHAWNIGAN LAKE FIRE DEPARTMENT

PO Box 201, Shawnigan Lake, BC V0R 2W0 Phone: (250)743-2096 Non-emergency Phone: (250)812-8030 shawniganfire@shaw.ca



Department members attended 23 incidents in March

- ★ Monday, Mar 1 -1st Responder off Shawnigan-Mill Bay Rd
- ★ Tuesday, Mar 2 1st Responder off Heald Rd
- ★ Tuesday, Mar 2 1st Responder off Renfrew
- ★ Tuesday, Mar 2 -1st Responder off Shawnigan Lake Rd
- ★ Wednesday, Mar 3 – Structure Fire on Northgate Rd
- ★ Thursday, Mar 4- Electrical Fire on Oldham Rd
- ★ Friday, Mar 5 1st Responder off Shawnigan Lake Rd
- ★ Sunday, Mar 7 -1st Responder off Shawnigan Lake Rd
- ★ Monday, Mar 8 -1st Responder off Shawnigan Lake Rd
- ★ Monday, Mar 8 -1st Responder off Shawnigan-Mill Bay Rd
- ★ Thursday, Mar 11
   1st Responder off Silvermine Rd
- ★ Saturday, Mar 20 Alarms Activated on W Shawnigan Lake Rd
- ★ Saturday, Mar 20 Structure Fire on Owl Rd
- ★ Monday, Mar 22 -1st Responder off Shawnigan Lake Rd
- ★ Tuesday, Mar 23 Mutual Aid Vehicle Fire w/Malahat Fire
- ★ Wednesday, Mar 24 -1st Responder off W Shawnigan Lake Rd
- ★ Wednesday, Mar 24 1st Responder off Carlton Rd
- ★ Thursday, Mar 25 1st Responder off Filgate Rd
- ★ Thursday, Mar 25 Assistance on Butler Rd
- ★ Thursday, Mar 25 Assistance on Butler Rd
- ★ Thursday, Mar 25 1st Responder off Gregory
- ★ Sunday, Mar 28 Hydro Lines on 2800 Blk Shawnigan Lake Rd
- ★ Sunday, Mar 28 Assistance on 1100 Blk Shawnigan Lake Rd





# Set up a school visit today!

250-743-6279

Dedicated to providing inspired Montessori learning programs for children 30 months to 6 years of age.

www.shawniganlakemontessori.com shawniganlakemontessori@shaw.ca



### **COMMUNITY GROUPS**

- Area B Director's meetings with Sierra Acton Email sacton@cvrd.bc.ca
- **★ Shawnigan Advisory Planning Commission(APC)** Meetings TBA
- **Shawnigan Parks and Recreation Commission** Meetings are held bi-monthly on the third Thursday of the month.
- **Shawnigan Lake Community Centre Commission** Meetings TBA. Held at the Shawnigan Lake Community Centre
- **Shawnigan Improvement District** 2nd Monday of each month 7 pm at #1 Fire Hall
- Shawnigan Residents Association (SRA) For info: check www.thesra.ca
- Shawnigan Lake Community Association (SLCA)

Contact: bburr@shaw.ca

- **Shawnigan Basin Society** Unit 4-1760 Shawnigan Mill Bay Road. Contact: info@shawniganbasinsociety.org
- Young Seniors Action Group (YSAGS) Contact: blog.ysag.ca - email: ysagssl@gmail.com
- **★** Shawnigan Lake Museum
- Reopening will be determined after the updates from the Province. Contact: shawniganlakemuseum@shaw.ca www.shawniganlakemuseum.com
- **★** South Cowichan Community Policing (SCCP) Contact: 250-929-7222 - www.southcowichancommunitypolicing.ca
- **★ Royal Canadian Legion Malahat District Branch 134** Saturday Meat Draw 3:00-5:00pm. Contact: Gloria gsolley@shaw.ca
- **South Cowichan Healthcare Aux.** every second Tuesday from 1 -2pm. at Mill Bay Community League Hall. southcowichanhealthcareaux@gmail.com
- **Shawnigan Quilters** Wed. 9-2 at Lion's Hall (former Sylvania School)
- **★ Note:** Covid restrictions may affect regular meetings. Check before you go...

### Classified

#### GENERAL INTEREST

WE ARE PEOPLE OF ECO-ACTION Join caring neighbours, friends, leaders, and problem-solvers to grow VIBRANT ideas for lasting impact! Find out more at

ShawniganRotaryEcoClub.ca #ThinkOutside #RotaryOpensOpportunities

#### FOR SALE MISC

SHAWNIGAN FOCUS CLASSIFIED are your classifieds of choice. Your message delivered to every address in the Shawnigan Lake area. \$10 for the first 30 words 25¢ per additional word

shawniganfocusads@gmail.com Telephone: 250-743-2197

RENTALS

**CHILDCARE** 

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**AUTOMOTIVE** 

**LOST - FOUND HOME SERVICES** 

> Cheap Ad Rates!!

> > Contact Kim:

shawniganfocusads @gmail.com

### What Is It? Where Is It? Why Is IT?



One lucky respondent with the correct answer will be randomly selected to win two Specialty Coffees at Shawnigan House. Reply to: editor@shawniganfocus.ca

#### CONGRATULATIONS

Lois Thompson is the winner for March!
The photo showed the nice hand-painted wooden sign for the "Shawnigan Beach Resort & Country Club". This place has a rich history from the old "Forest Inn" of the 1930s to the hotel and country club era of the 1970s (a free membership when you bot a lot in the Beach Estates!), then later years when it operated as a school. Now the old buildings and cottages have been replaced by privately owned condos.

#### SHAWNIGAN MILL BAY AUTO PARTS (1992) LTD. 743-3355

Shawnigan Mill Bay Auto Parts has moved after 28 years in the same location, to . . . 1-3740 Trans-Canada Highway.

(next door to RONA on the same frontage road) We share the same building as Accent Screen Printing.

### Mason's Store

A PART OF SHAWNIGAN LAKE FOR 65 YEARS YOUR LOCAL STORE

Our Famous Instore Bakery – Sandwiches & Subs Lottery – Greeting Cards – Balloons Fax – Propane Swap – Rug Doctor – Dew Worms

1855 Renfrew Road Ph: 250 743 2144 Fax: 250 743 7883

### Shawnigan Cemetery



ഇ EST 1965 രു "A Community Resting Place" **Information 250 929 6100** 

> Maintained by MALAHAT LIONS





#### YarrowGunWorks.com

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- General Medicine
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Monday-Friday 8:30-5:30 extended hours for palliative care patients

250-929-5888

shawniganvet@gmail.com shawniganvet.ca 101-1760 Shawnigan-Mill Bay Road

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250-732-5232 mronaldjones@gmail.com www.mrjrealty.ca



1350 Fisher Rd. | islandreturnit.com | Tues-Sat 9-4

# Thank you! To all our volunteers: Our success depends on you!



#### Oriana Parker,

SCCPAS, CCP&ES

April 18-24, 2021 is National Volunteer Week and South Cowichan Community Policing Advisory Society would like to thank all of our volunteers, past and present, for their contribution and commitment to crime prevention. We are the hub for community-based crime prevention programs and the volunteers who deliver them. Our success is dependent

on a strong volunteer base which is the backbone of our organization. We are fortunate to have attracted volunteers who are exceptionally talented and willing to share their skills for the betterment of our neighbourhoods.

If our Speed Watch program saves only one life, it is worth the time and effort that goes into delivering this program to the public. Many of our programs are aimed at helping to save

lives on our highways and streets and to keeping our communities safe for all to enjoy. SCCPAS would like to thank, first and foremost, the RCMP detachments for their valuable input at meetings and their assistance with helping us to recognize programs that are most effective for our communities.

An honourable mention to a few special volunteers: Shirley Walker, who having experienced a break-in in her greenhouse, was instrumental in starting the SCCP office in Mill Bay and the Block Watch Program. She worked tirelessly, for years, to promote crime prevention awareness in our community.

Major Robert K. Wallace (Bob) graduated from the Royal Military College of Science in England and worked on the Drone Project with National Defence Headquarters in Ottawa. A resident of Mill Bay, he was happy to volunteer as the Speed Watch Co-Ordinator, a position he held for many years until his recent retirement. Dorothy (Dot) Garbet has been working on Friendly Phones program for over eight years. As well, Lance Cardinal has, for the past five years, given up his Saturdays to work on Friendly Phones.

An enormous thank you also to our very experienced and talented Board of Directors. This year, we are pleased to have students from Vancouver Island University, pre-law studies, working with us.

To all our volunteers, including the 250 involved in Block Watch and our office support team, we are so grateful for you and your spirit of sharing and your willingness to give to your community without expecting something in return. You are a beacon of light that inspires and encourages us all!

As well, we would like to welcome Cowichan Community Policing and Engagement Society, with whom we shall be working side by side.

A warm welcome and thank you to all the volunteers committed to crime prevention in these neighbouring communities and the RCMP who support them.

We are looking for volunteers, if you are interested in joining our team, please call Sarah Davidge at 250-597-1710 or 250-929-7222.

In the rush to return to normal, use this time to consider which parts of normal are worth rushing back to.

~Dave Hollis

### "Spring Cleaning" Special \$99.95

plus applicable taxes

- Replace Engine Oil & Filter
- Inspect Brakes, Rotate Tires, Test Brake Fluid
- Test Battery & Charging System
- Inspect Wipers & AC for correct operation
- Inspect Electrical System & Lights
- Inspect Front End, Steering & Suspension
- Inspect all Belts & Hoses
- Lubricate Chassis & Drive Train
- Inspect Cooling System & Anti-Freeze Condition
- Test correct operation of 4WD or AWD where applicable

\* Includes up to 6L of semi-synthetic oil \* Offer expires end May

250-743-2122 www.shawnigangarage.com





