

December 2016

#### A Non-Profit Community Publication

### Toys of the past and present

#### **Peter Salmon** Shawnígan Lake Museum

As you probably already know, the toys that kids have played with have changed dramatically over the last century. One of many noticeable changes is that most toys now being produced are meant for play inside, versus the more outdoors-oriented toys of the 1900s.

From about 1900-1950, some of the most popular toys included Lincoln logs, Lionel trains, and the Raggedy Ann Doll.

Lincoln logs, still popular today, were released in 1916. They consist of miniature notched logs that could be used to build forts, walls and buildings. Buildings in Japan that had interlocking logs beams as a base to make them "earthquake-proof" inspired Lincoln logs.

Lionel trains were origi-



nally designed not as toys but as window displays for toyshops. But the tracks and the electricity soon captivated Americans so, before long, these toys were up for sale too. They originally ran on acid-filled batteries, but were soon replaced by a 110-volt transformer. These trains became increasingly popular over the years, and, like Lincoln logs, are still played with today.

But not all toys stay around. Raggedy Ann, created by

Johnny Gruel, was a rag doll with triangle eyes and red yarn for hair. Originally just a storybook character, she was a great success when marketed with the book of Raggedy Ann stories. Nowadays, more current toys are more popular.

Other popular toys include the well-known crayola crayons, the yoyo, and toy soldiers. Currently, these items are still played with, but 10 years from now these toys may be considered archaic, obsolete and old.

Now, though, I'll move on to the glorious 1950s! Back then toys were very genderspecific. Girls had things like Barbie dolls and doll carriages, while boys had thing like BB guns and Lego.

One toy that I find particularly cool is the view master.

2017

It is a small object that lets you see (usually) 7 3-dimensional images. You insert a small, round cardboard disk that has images inlaid in it. Then you pull down a trigger to see the next image.

And now for the BB gun! (Just kidding. I detest those things.) These air guns, manufactured by Daisy, were immensely popular back then, and they still are. But not everyone likes them. They have been known to break windows.

But now I've gotten to the 2000s, the area I am most familiar with!!! These days, the most



popular toys by far are...video games, phones, drones and other electronics. Unfortunately, this means kids are spending less time outside and more time with their eyes glued to a computer screen. So, in my opinion, old toys are actually better than newer ones.



### The Shawnigan Lake Volunteer **Fire Department** Presents its annual



### Join us for the 4th Annual Shawnigan Shiver

### SANTA RUN

### Wednesday, December 21st

6 pm to 9 pm Santa visits the Beach Estates starting at Ceylon Road, making his way to Linden Lane.

On the East side, Santa starts in the Village, down to Wallbank Road, south to Galland Road, then north to the Burnum Park area.

January 1st at Government Wharf Park Registration begins at II:15am

Art by Françoise Moulin

Take the 'plunge' at noon

- ★ \$2 Registration
- \$5 includes a Shawnigan Shiver Toque
- ★ Hot Drink, cookies and fun included
- Annual 'Shiver' button for swimmers that get wet-to-thewaste
- ★ Sponsored by the Shawnigan Focus and Friends
- ★ More Info:
- ★ editor@shawniganfocus.ca

**1 | SHAWNIGAN FOCUS** 

#### **SHAWNIGAN FOCUS DECEMBER 2016**

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#### **ABOUT THE FOCUS**

The Shawnigan Focus is an independent, local, non-profit publication, produced by the volunteer Focus team. Shawnigan Focus endeavours to inform; promote involvement in the community; and interest a broad crosssection of the residents of Shawnigan Lake.

The Shawnigan Focus is delivered, free of charge, to postal addresses in Shawnigan Lake (Area B). Out-of-town subscriptions are available for \$30 per year. Contact: editor@ shawniganfocus.ca

Views expressed in articles and letters are not the opinions of The Shawnigan Focus, but of the authors.

Additional copies are available in The Village.

**MAILING ADDRESS:** Shawnigan Focus - Box 331, Shawnigan Lake, *VOR 2W0* 

#### **4th ANNUAL SHAWNIGAN SHIVER JANUARY 1, 2017**

#### **ENTRY FORM & LIABILITY WAIVER**

NAME:	ENTRY NO
ADDRESS:	
PHONE NUMBER:	
DATE OF BIRTH:	AGE:
RULES/GUIDELINES	

- ANYONE WITH HEART PROBLEMS JUST WATCH PLEASE!!
- × FOOTWEAR IS REQUIRED due to safety concerns and the fact that numb feet may not feel objects in the water.
- SWIMMERS 7 YEARS OLD AND YOUNGER must be within arm's reach of an adult at all times.
- \* SWIM WITHIN DESIGNATED BOUNDARIES. NO JUMPING OFF DOCK.
- NO WET SUITS. ★
  - DO NOT DRINK ALCOHOL it accelerates hypothermia.
- DON'T STAY IN THE WATER LONGER THAN 15 MINUTES. Body heat is lost 25 times faster in water than in air.
- DON'T REMOVE YOUR OUTER CLOTHING UNTIL SWIM TIME.

#### RELEASE OF LIABILITY, WAIVER OF CLAIMS, ASSUMPTION OF RISKS AND INDEMNITY:

In consideration of the Shawnigan Shiver Swim Organization accepting this entry, I hereby acknowledge the inherent risk, hazards and dangers involved in participating in the Shawnigan Shiver Swim, including loss of consciousness, hypothermia, heart attacks and other life-threatening conditions due to large and sudden changes in environmental temperature. I hereby assume and accept any and all risk of my injury, paralysis or death and agree to abide by all Shawnigan Shiver Swim rules, regulations and guidelines. I, on my own behalf and on behalf of my heirs, executors and administrators, herby waive and release, indemnify and hold harmless the Shawnigan Shiver Swim Organization, their sponsors and any volunteers from and against any and all claims, actions, causes of action, liabilities, suits, expenses, breaches of statutory duty of care and negligence of any kind or nature, whether foreseen or unforeseen, arising directly or indirectly out of any damage, loss, injury paralysis or death to me or my property arising out of my participation in the Shawnigan Shiver Swim.

#### IF UNDER 18 YEARS OF AGE, PARENT OR GUARDIAN MUST SIGN BELOW:

In consideration of the above minor being permitted to participate in the Shawnigan Shiver Swim, I, the undersigned parent and/or guardian of the above minor, or himself/herself and on behalf of said minor, hereby join in the foregoing release, waiver, assumption of risks and indemnity, and hereby agree to save and hold harmless and indemnify the Shawnigan Shiver Swim Organization, their sponsors and any volunteers from and against any and all claims, actions, causes of action, liabilities, suits expenses, breaches of statutory duty of care and negligence made or brought by said minor or by anyone on behalf of said minor, as a result of said minor's participation of the Shawnigan Shiver Swim.

Name of Guardian: \_\_\_\_ Signature:

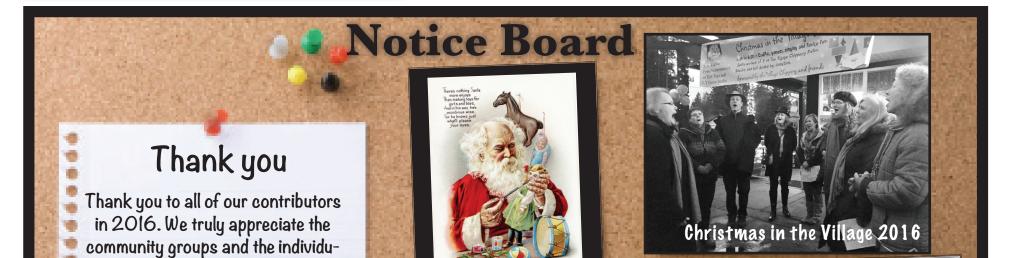
I hereby confirm that I am in good physical condition and do not suffer from any disabilities or physical conditions that places me at risk or otherwise should prohibit my participation in the Shawnigan Shiver Swim.

I hereby affirm that I fully understand the preceding paragraphs and volunteer to participate at my own risk.

Participant: \_\_\_\_\_

Signature:

\_Signature: \_\_\_\_



(HRISTMAS JOYS

Witness: \_\_\_\_\_

als who have taken the time to send submissions to the Shawnigan Focus community paper. The Focus IS Shawnigan...we want to celebrate, connect and create conversations within our community. If you haven't already, please consider a submission in 2017 - a photo, an article, a community report or anything else of interest to the community. If you would like to be on our monthly reminder list, please email editor@ shawniganfocus.ca

Have a happy and safe holiday!

Thank you to Patty & John at the Chippery for hosting Christmas in the Village 2016

3 weeks to the Shawnigan Shiver Start the new year with a splash!



#### **2 | SHAWNIGAN FOCUS**

#### Sawmill Issue: CVRD using legal sledgehammer against local businesses

#### Dear Editor:

The waste of public money continues unabated at the CVRD with another colossal legal loss that saw hundreds of thousands of our tax dollars go down the drain to harass a provincially authorized business at Shawnigan Lake. Most of the legal actions taken against businesses fail because the amateurs on the CVRD board have no clue how to decide when an expensive legal action is needed or justified. They also deliberate on these issues in secret so the public who finance such follies are kept in the dark.

Many lawyers will tell you what you want to hear even when the chances of winning in court are slim to nil. And guess who really wins financially in our courts? It's the *shoot-aim-ready* strategy we have seen many times before in the CVRD. The big loser is always the taxpayer.

The CVRD board should be ashamed of itself for allowing one of its own members to launch her provincial political career using the court action and our tax money. Because of the well-known anti-business sentiment on the Board we need external oversight when it comes to the CVRD launching legal action against a business.

The CVRD has recently decided to take another local business, a small and much needed sawmill, to court because of a minor noise complaint from a neighbour. Rather than deal with the real noise issue, the out of touch Regional Director and CVRD staff are using the sledgehammer zoning process and expensive courts to shut down and malign a vital public service. This is an abuse of process.

There are NO areas near our communities zoned to permit a small mill under the Community Plan. The history of Shawnigan Lake and our culture is one based on forestry and sawmills yet the OCP has no convenient areas identified for such an important community asset.

The secondary forests of Shawnigan Lake are maturing and a small mill is needed for homeowners wanting to have their own trees cut into lumber. A public meeting earlier this year attended by several hundred residents overwhelmingly supported this mill. The failure of the CVRD to zone for small mills is no reason to waste more public funds to harass a business in our community.

~W.E. (Bill) Dumont

#### Sawmill Issue: CVRD upholding zoning bylaw as per public expectations

Dear Editor:

It's interesting to note that Mr. Dumont leaves out a number of details and facts about the local sawmill issue in Shawnigan Lake in his letter "CVRD wasting money going after businesses" (Cowichan Valley Citizen-November 23, 2016).

The owner (a former member of the Shawnigan Lake Advisory Commission) bought the property knowing it was zoned residential. Since the mill began to operate less than 10 years ago, it has grown steadily and operates a minimum of five days a week. Residences surround the mill.

The mill owner applied for a rezoning at that site and he was turned down. This process included a public hearing (I believe Mr. Dumont was present for this). It was very clear at the meeting that there was a great deal of public support for this business, but NOT AT THIS SITE. If Mr. Dumont had done his homework, he would have also read the countless community letters (available from the CVRD website) that did not support keeping the mill site at its present location.

The CVRD offered to help the mill owner find a more appropriate local spot where an existing industrial area could be rezoned to include a sawmill. He did not accept this and, instead, chose to ignore the legal process and the subsequent decision that did not support his application.

In previous letters to the editor, Mr. Dumont has complained that the CVRD Board has not listened to the electorate. In this case, the CVRD Board listened to the public and upheld the bylaw.

Perhaps Mr. Dumont would consider offering his property for the mill...

#### ~Grant Treloar

Thank you, Dave Pollock, for your very thoughtful remem-

#### WE ENCOURAGE YOU TO SEND US LETTERS... EDITOR@SHAWNIGANFOCUS.CA

The Focus will publish your thoughts on Shawnigan issues: bouquets you would like to offer to special people; things that strike you as funny; challenges you want our civic leaders to consider; and/or ideas that would better our community. Letters to the Editor must be accompanied by the author's full name, address and phone number, but the contact information, other than the name, will not be published. Letters should be limited to 300 words and we reserve the right to edit for brevity or to refuse inappropriate or abusive language. Letters should attack issues - not individuals or groups.



#### brance of Joan Wachtin

For forty plus years one of the pleasures of going to the village for me was the anticipation that I might run into Joan. I always enjoyed seeing Joan and having a catch up with her. She was a character with a heart of gold, great warmth, genuine concern for others, strongly held views and she always, always put a smile on my face – I miss her.

#### ~Elizabeth Waelti

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At the Shawnigan Focus we are a collection of volunteers that have been brought together by circumstances within our community.

We believe that by publishing and distributing the Shawnigan Focus to all members of our community we will create a responsible dialogue regarding these circumstances.

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Some of our advertisers have been with us since our first issue in April 2011. It is important to us at the Shawnigan Focus that our advertisers understand just how much the support they have given us over the years is appreciated.

We at the Shawnigan Focus would like to thank our advertisers for their continued participation in our endeavour. We wish them all the best for the holiday season and prosperity in the coming year. We encourage all our readers and members of the Shawnigan Lake community to support our advertisers at every opportunity.

It is the Shawnigan Focus advertiser who believes in our community.

As we approach our 6th anniversary we are looking forward to continuing to serve our community.

#### DECEMBER 2016 ~ SHAWNIGAN FOCUS 13

### **Provincial implications of Shawnigan's contaminated fill site**

**Blaise Salmon** Shawnigan Resident

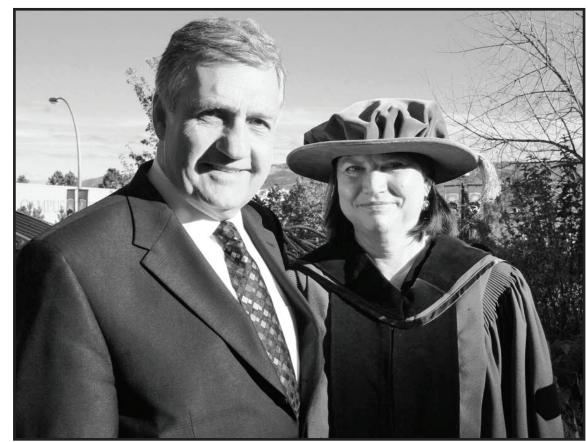
The November 3rd decision by the BC Court of Appeal has opened the door for the province's 2,600 rock and gravel quarries to enter the lucrative contaminated soil disposal business.

Madam Justice Daphne Smith, overturning an earlier BC Supreme Court decision, ruled that the zoning powers of the Cowichan Valley Regional District could not prevent the operation of a controversial contaminated fill site in a gravel quarry near Shawnigan Lake. This decision was a setback for Shawnigan residents engaged in a long battle to protect their drinking water.

However the bad news for drinking water may be an opportunity for quarry owners around the province, especially when combined with other features of BC's lax regulatory regime.

#### No location requirement

BC has no site requirements for contaminated soil facilities in a quarry. Under BC's Mines Act, any quarry can apply for a permit to accept contaminated waste, regardless of where it is located, and how close it is to a drinking water source. No independent environmental assessment is required. This can be a problem, as sand and gravel quarries are typically porous, and often a bad place to store soil which can contain a long list of contaminants, including hydrocarbons, dioxins, heavy metals and PCB's.



Madam Justice Daphne Smith and her husband Bud Smith, former Socred cabinet minister, now Chair of the BC Lotteries Commission.

In the Shawnigan case, the contaminated landfill site is in a quarry situated four kilometres uphill from the lake, in a provincially designated "Community Watershed" which provides drinking water for 12,000 people. The main feeder creek to the lake flows directly through the quarry property. In the words of one hydrogeologist, "It would be hard to imagine a worse place to locate a contaminated fill site". However the fact remains: the province has no location requirements.

While this is bad news for drinking water, it points to a new line of business for quarries, which are often located conveniently close to population centres with a need for disposal sites.

#### No independent expert

The "professional reliance" model used by the province does not require the use of arm's length professionals. The professionals who submit a contaminated site proposal, which the government relies on to make its decision, can be paid with a share of the profits once the government approves the deal. Thus a quarry owner can avoid the considerable expense of hiring engineers or other professionals on a fee-for-service basis, and instead form a business venture with the engineers. The engineers get paid only if the project goes ahead. This is contrary to common sense if you want objec-

In the Shawnigan case, even the quarry owner, Cobble Hill Holdings apparently believed that independent engineers were required. Quarry coowner Martin Block denied, under oath to the BC Environmental Appeal Board, any partnership with Active Earth Engineering. A 50/50 partnership was later revealed by a whistleblower's brown envelope. CHH and Active Earth initially tried to minimize this partnership, first claiming that the partnership never took effect, and then that it was "held in abeyance". Both the quarry owners and engineer appeared to be as surprised as everyone else when government acknowledged that the partnership was fine with them -"independent" expertise isn't a government requirement. (It should be noted that the

and Active Earth is currently under investigation.)

In summary, three aspects of BC's regulatory regime - no local zoning concerns, no siting requirements, and no independence of experts - have set the stage for gravel quarries all over the province to jump into the lucrative contaminated fill disposal market. The potential profits are enormous. To take just one example, the federal government is now spending over \$780 million on the clean- up of contamination at the Esquimalt Graving Docks. Over \$5.8 billion in contaminated site clean-up costs was slated as of 2015 by the federal government alone.

Threat to drinking water

There is one insurmountable problem however: the significant ongoing threats to both drinking water and the environment. Affected communities can be expected to protest, strongly. But the Shawnigan example shows just how wide the province has opened the door for quarry owners who might be tempted to enter the lucrative contaminated soil business. And judging from Shawnigan's experience, contaminated site owners can expect sustained government support as they attempt to ride out public opposition.

Tragically, the provincial government has abandoned its vital water protection role, putting both public health and the environment at risk. Premier Christy Clark and Environment Minister Mary Polak bear responsibility for this. They will ultimately be called to account by the public, and the regulations changed. Unfortunately, this may not be until after irreversible harm has been done to aquifers and surface water which provide drinking water in BC.



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tive engineering advice, but evidently the province has no problem with it. Code of Ethics of the engineers' professional association, APEG, cautions against this,

### Shawnigan Weather November 2016

Stats courtesy of UVic Weather Network ~ compiled by Grant Treloar

٢	November	Cigarmaker's Bay		Discovery School		Museum		Elford Road	
	Normal	2016	2015	2016	2015	2016	2015	2016	2015
Average High	8.3	9.8	8.4	10.1	8.6	10.6	9.4	10.3	9.1
Average Low	2.4	5.6	1.4	4.7	0.2	5.4	1.4	5.2	1.6
Extreme High	20.0	13.5	13.2	15	13.4	15	13.5	15	13.5
Extreme Low	-15.6	0.9	-3.6	-0.7	-5.4	0.9	-4.4	1	-4.5
Precipitation	214.6	257.2	171.2	252.8	192.2	222.8	156.7	255.9	177.8
Days w precip	21	27	17	26	17	27	17	28	15
Year Precip	935.4	1363.7	933.1	1384.9	948.9	1211.8	825.4	1373.3	910.0
Precip since Oct 1	319.4	576.5	261.3	564.0	315.1	511.4	266.2	574.5	291.4
Rank since 1914: 3 <sup>rd</sup> warmest, 18 <sup>th</sup> wettest									
Lake Temperature: Nov 6 <sup>th</sup> :11° Nov 13 <sup>th</sup> :11° Nov 20 <sup>th</sup> :9° Nov 27 <sup>th</sup> : 9°									
Lake Level Change: Nov 6 <sup>th</sup> :+28cm Nov 13 <sup>th</sup> :-15 cm Nov 20 <sup>th</sup> :-18cm Nov 27 <sup>th</sup> : +51cm									

#### **4 I SHAWNIGAN FOCUS**

### **Director's Report**

#### **Sonia Furstaneau** Shawnigan Lake Area Director

It's the first day of the last month of 2016.

Looking back on the year – my second full year as Area Director – I am reflecting on the past 12 months.

While it sounds cliché, it's hard not to see this past year as one with many ups and downs, particularly with regards to our efforts to protect our watershed and stop the landfilling of contaminated soil.

While these efforts have occupied so much of our time and energy in Shawnigan, we have also worked on many other projects throughout the year.

The goal of transforming the Elsie Miles property into a park that will be the heart of our village and community is soon to be realized, after several years of efforts and consultation. That transformation will begin in 2017 – and the process has created lasting relationships that enrich our lives as much as the park will enrich our community.

On another front, relationships have been building

between our community and the Ministry of Transportation and Infrastructure (MoTI) – and this is of great benefit to all of us, as we engage in positive dialogue with MoTI staff in order to address many of our ongoing concerns. And while it takes time to see results, the relationships allow for outcomes that are far more satisfying for the community, who now can participate in some of the decision-making process. I am grateful for the willingness of MoTI staff to be open to working together, and hopeful that we will see some significant improvements to pedestrian safety in Shawnigan in the coming year.

Another relationship I've worked on cultivating is with TimberWest, which is the single largest landowner in Shawnigan. I have believed for a long time that TimberWest has a unique opportunity to explore the feasibility of putting tourist accommodations (a lodge and campground) on its lands on the west side of Shawnigan Lake near the provincial park, and I have engaged in conversations with the company to explore this opportunity. In February, we will begin a wider community-based conversation on this idea, to gauge the level of support for this type of proposal, as well as seek input as to what the community would like to see if TimberWest is to move forward.

The Trans-Canada trail connector will be completed by March 2017, which means that we will have a significant number of people cycling and hiking through Shawnigan Lake. The trail presents, I believe, a terrific opportunity to capitalize on our incredible recreational offerings in and around Shawnigan – we just need to ensure that people have a comfortable and appealing place to stay.

In the end, the relationships I most value are with the many people in this community who are so committed to Shawnigan and to helping create the best future possible. I am always delighted to spend time in the village and to see the warmth, kindness, and generosity that permeate this community. One thing I hear from people all across this valley is that "there is something special about Shawnigan" – and I agree wholeheartedly.

I wish everybody the best of the season, and I look forward to 2017. Let's always remember that it's the people and the relationships that make Shawnigan so special.



### Shawnigan Parks Commission Update



#### Matthuw Ronald-Jones

Shawnigan Parks Chair

Commission priorities for the coming year include: Elsie Miles Park renewal and Rail Trail from Masons Beach to Government Docks.

The Commission looks to improve communication with community through various methods as well as engaging volunteers in trail maintenance and upkeep.

Farewell and thank you to Gaileen Flaman who generously took over from Margaret Symon as chair prior to her recent resignation from the Commission.

The Commission members

are listed below and include a number of new faces:

- ★ Lisa Large
- ★ Sara Malerby (vice chair)
- ★ Jeff Patterson
- ★ David Procter (secretary)
- Matthuw Ronald-Jones (chair)
- ★ Bruce Stevens
- ★ Glenn White
- ★ Catherine Whittome

Our next meeting is on Thursday, January 19th at 7pm at the Shawnigan Lake Community Centre. The public is welcome to attend.

Please direct any questions or comments to: <u>mronaldjones@gmail.com</u>

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DECEMBER 2016 ~ SHAWNIGAN FOCUS 15

### **Shawnigan Residents Association Annual General Meeting**

#### who wrote this

Shawnigan Residents Association

The SRA AGM was held Thursday, November 24, in the Hugh Wilkinson Theatre at Shawnigan Lake School. The membership voted that following members will run the business of the association for 2016-17 year:

- ★ Calvin Cook: President/Secretary
- ★ Al Brunet: Vice President
- ★ Dewar McCarthy: Treasurer
- ★ Garry Horwood: Director
- ★ Rod Macintosh: Director
- ★ Jerrod Pinder: Director
- ★ Alex Acton: Director
- ★ Declan Powell: Director
- ★ Natalie Urquhart: Director

From reports from the President and Treasurer, members learned that we now officially have 999 paid memberships which generated nearly \$20,000 in membership fees in the last year. Fundraising generated \$180,000, corporate sponsorships amounted to \$3,000, and there was \$5,000 from the CVRD Grants in Aid program.

Calvin Cook reported that the SRA has, so far, paid \$475,000 of the expected \$750.000 invoice from our lawyers. Calvin reiterated that, in the end, our law firm will likely end up being our biggest donor when accounting for the huge number of unbilled hours.

Calvin also updated the attendees on the status of the court case and the possible outcome and future action scenarios.

Thank you to our Guest Speaker, David Robertson, Headmaster at Shawnigan Lake School. Along with the message of community and perseverance, a quality he acknowledged in the people of Shawnigan, and a quality the School tries to instill in its students, David said that, when adversity is present, "first, you act with your heart" (i.e. something feels wrong here), " then you act with your head" (i.e. and this is what we are going to do about it).

In a question and answer session, audience members brought many good suggestions to the meeting. All members are reminded that the Board is receptive to new suggestions and that they are welcome to attend any and all Board Meeting, every third Tuesday of the month, held at the Dinter Building at Shawnigan Lake School.

Thank you to those that were able to attend. To support the SRA, please consider making a contribution to our Legal Action Fund and help us continue our fight to #SaveShawniganWater.

Membership is important. Drawing strength as a community with a strong voice allows us to make our issues known to governments, public and private bodies, and allows us to influence decisions that impact our community. Be informed and get involved today!





### Take A Hike!

#### **Robin Massey** Shawnígan Focus

On a return trip home from a divine weekend in Ucluelet I was most determined to find Port Alberni's "Holein-the-wall".

I'm not exactly sure how it came onto my radar, but over the years I have stumbled across a few mentions of the rather vague and mysterious gap in the rock and we had the perfect opportunity present itself on this occasion.

Even though it would be a most incredible feat of nature, the hole is not a natural phenomenon but rather a man made marvel with a practical. The hole was a result of blasting through the immense wall of blue gray volcanic rock that traverses along Rogers Creek. This occurrence was to install a pipeline to gain access to the reservoir existing behind for the Town of Alberni's water needs at the time. Shortly after the 1964 tsunami, Alberni and Port Alberni amalgamated into one town along with progressive steps in water retrieval methods leaving the hole's purpose moot and therein becoming a hidden treasure. Getting there is part of this adventure! It is a quick little pull off and park on the Alberni Highway (#4) diagonally across from the very notable Coombs Country Candy. Park alongside the concrete barrier and walk back in the direction of the candy store keeping an eye for the trail access point at the start of the barrier. Head down the trail - stay left at the next junction, then stay right, and follow left, and then... if

that is a little hard to remember, don't worry as some blessed soul affixed signs complete with arrows to lead newcomers.

After a 20 minute mid level hike in we knew we were closing in on our destination as we could hear the rush of the water before actually setting eyes to it. Once in visible distance of the opening and the 10 feet of rushing water spouting from its mouth, there were two very long tree trunks placed across the trail from high ground to a cement block directly across. We tested our balance and shuffled across the suspended trees, at least 6 feet off the ground, with the grand reward for our effort being an ideal vantage site

#### for our photo!

We tore ourselves away from the enchanting view and followed the creek around the right bend. We came upon the most charming Inukshuk settlement which someone had certainly spent a lot of love and energy creating.

I am happy to say that after all the time I spent thinking about this cute little sidetrack it was purely a joy finally being there and seeing it in person. Be sure to add the "Hole in the Wall" to your must visit list and don't wait too long!

\* Find photos of this adventure and more on our Facebook Page *The Om Tree* ③





Located in Pioneer Square Mall Phone: 250.929.5588 | Fax: 250.929.5596 Email: info@warmlandcentre.ca Web: www.warmlandcentre.ca Hours: Open daily 10am - 6:30pm



The world is changed by your example, not by your opinion. ~Paul Coelho

**61 SHAWNIGAN FOCUS** 

### **Book Reviews**

#### A Bedroom of Searchlights

**Reviewed by Diana Elizabeth Jones** *Poems by Joanna M. Weston* 

#### INANNA, Publications and Education Inc, Toronto, 2016

Joanna M. Weston, Shawnigan Lake's internationally published poet, has written a hauntingly beautiful tribute to her mother, the English artist Ethel Jarmain. This latest poetry compilation, A Bedroom of Searchlights, is a natural companion piece to a previous work, A Summer Father, published in 2006. In that volume Weston explored the life and her relationship to her often absent father. John Jarmain, a Major in the British Army, was killed during the Normandy invasion when Weston and her brother were young children. At that point her parents were already divorced and Ethel Jarmain in austere postwar England struggled to meet the needs of her children, her grief and her art.

Now Weston has turned her incisive poetic sensibility on her mother. While at the one time highly personal, it is also a reflection on the burden of single parenthood - a daunting task at times when Mother is trying to be all things to her children while juggling her own need to cope with the death of love, for time alone and space for her own creative expression.

Weston's talent shines as she comes up close to her mother's grief in For The Present when she writes ...leaves the room to make tea/ her grief remains. In Interruption, we see the difficulty of a mother of young children banging up against a need to preserve some precious time for herself ...the quietest place she could find/but the child came with dolls and chatter.

In From East to West Joanna Weston's own childhood is expertly captured when she draws us close to the warmth of the English countryside in summer. . . above hop-bines/ pear and apple orchards/ winding down the lanes.

Another pleasure of this collection is journeying with Weston through her own "ages" from childhood in Child On The Chair to her own late adulthood in Mother Is My Age...her years are mine/her hands move in my hands/though she drew more than wrote/I meet her in the mirror

Carefully crafted and observed A Bedroom of Searchlights, INANNA, Toronto, is a

#### Thrice the Brindled Cat Hath Mew'd

Reviewed by Marcy Green Novel by Alan Bradley Published by Doubleday Canada

#### Copyright 2016 by Alan Bradley

Reading a new Flavia de Luce mystery is as delicious as opening up and devouring a box of your favourite treats. Yes, I am a huge fan and have all eight of Bradley's award-winning books in the series. This is the latest and follows the formula well developed in the first book, "The Sweetness at the Bottom of the Pie" The titles are, like the young protagonist, learned, unusual and quirky. "Thrice the Brindled Cat hath Mew'd" is a line from Shakespeare's, "Macbeth",

and certainly one Flavia would recognize.

Our young schoolgirl heroine is from an aristocratic family and lives in the family seat of Buckshaw. The once grand estate is disintegrating, the dashing mother is dead and the father is a wreck of a man, recovering from the horrors of the Second World War. Flavia's older sisters offer no solace but, rather, are dedicated to tormenting her. With no one but two ancient loyal servants to care for her, Flavia escapes into the well-equipped chemistry laboratory left by a late Uncle. It is located in a deserted wing of the house and in this solitary hideaway she conducts advanced experiments, running her own little crime lab to solve various murder mysteries. These all occur conveniently nearby and are accessible via her trusty bicycle, Gladys.

Alan Bradley's considerable talent is in combining a number of elements so well. One gets an accurate sense of place and time in the post-war England of the 1950's. The people of the grand house and its village inhabitants are all fleshed out into believable and interesting characters. Some are kind and wise, others are flighty and foolish and a few are very badly behaved, indeed.

Bradley can tell a wonderful story, full of suspense and human interest. I have laughed out loud and felt deep pangs of sadness for this independent and neglected child forced to survive on her wits and intelligence. Her character has been called a cross between Heloise and Sherlock Holmes. I say she is unique and memorable and there is nothing childish in this series. In fact, Bradley can write a gory crime scene with the best of them.

It probably doesn't matter in what order you read these delightful books, but I would recom-



### Holiday Story Contest!

Theme:

#### My Favourite Holiday Memory

2 Age Categories: 6-8; 9-12

**Deadline:** Friday December 16, 5pm

Stories must be 100 - 200 words in length and clearly indicate the child's name, age and phone number.

Submit to South Cowichan Library (Mill Bay Centre)

Questions: 250-743-5436

There are prizes for winning stories and they will be posted in the library!





treasure of poems, a perfect companion for some personal reflections on life and family.

Diana Elizabeth Jones is the author of The Bearer's Burden (FriesenPress 2016), a novel of a young stretcher-bearer in WW1 mend starting with the first one. They are all good choices as presents for readers from the ages of 12 to 102, but make sure you read them yourself first. You won't be sorry.

Rating: 4.8/5 stars (5/5 stars for the whole series)





DECEMBER 2016~ SHAWNIGAN FOCUS 17

### People of This Place: Brigadier General Joseph (Larry) Gollner, O.M.M., C.D. (Ret'd)



by Cliff Evans and Ray Kokkonen

Larry Gollner was very active with the CT Group a few years ago in the successful struggle against the proposed Eco-Depot location on Cameron Taggart Road. Larry has since moved to Victoria but there are many local people who remember his extraordinary dedication and effort.

Larry recently received the Minister of Veterans Affairs Commendation from Minister Kent Hehr in Victoria. The Commendation is richly deserved in recognition of the invaluable work he is doing and has done for decades for all veterans and their families.

After serving in the Canadian Army and the Canadian Forces in many highly responsible positions, including United Nations peacekeeping operations in Cyprus as a battalion Commanding Officer, Larry retired from the military in 1993 after 37 years of service. From 2006 to 2010 he held the prestigious position of the Colonel of the Regiment of the Princess Patricia's Canadian Light Infantry (PPCLI), twice going to Afghanistan to visit battle groups of the Regiment.

Recently Larry has continued his active work on

behalf of veterans as the Patron of the Canadian Peacekeeping Veterans Association (CPVA), influencing matters at the national level for the betterment of quality of life for wounded and ill veterans.

Despite his senior position, he often becomes personally involved in addressing problems for individual veterans. He has been a member of the Veterans Ombudsman's Advisory Committee since 2011, a position in which he is highly respected and which has allowed him to provide positive and knowledgeable input in a very important forum. He has made several appearances as an expert witness on behalf of CPVA to the House of Commons Standing Committee on Veterans Affairs on various important issues.

Larry has provided invaluable, caring and dedicated service on behalf of Canada's Veterans for 25 years and continues to do so selflessly with strength and energy. It would be difficult to find anyone as highly deserving of the honour of the Minister of Veterans Affairs Commendation.

### Sustainable wellness for community resilience

#### **Kenix Lau** OUR ecovíllage

Nobody with any interest in national or global issues would doubt that we are living in challenging times. The world is getting complex and changing so quickly. Cries happen not only in others' backyards but in our neighborhood as well. Finding peace in time of chaos is not enough. This is a critical time to build strength and resiliency in ourselves and in our family. Imagine if we connect with each other in our community as brothers and sisters; imagine our community as a proactive, self-organizing and collaborative team. How strong we could be and how much we would accomplish together! This is the driving force behind OUR ecovillage sustainable wellness program. OUR wellness team believes that by bringing wellness to each of us, we realize the full potential of who we really are and create a community in a positive way. We focus on co-creating healthy community with wellness professionals in different healing modalities. Through teaching the healing ability that we each have within, we can weave a strong, regenerative community together.

What does wellness means to you? What does it mean to be "well" for you and your community? It is time to move beyond individualistic, segregated approach to wellness. We invite and welcome everyone in Shawnigan Lake to join OUR wellness journey. "Ring the bell that still can ring. Forget the perfect offering. There is a crack in everything, that's how the light gets in". It takes a whole village to raise a child. May we all be the light in the time of great change.



### Discover Discovery: Music is in the air!

**Allison Vliet (Age 12)** The Discovery team

This year our music program is amazing. Our music teacher has started a band program where kids from grades 4-7 learn and play instruments such as trumpets, flutes, clarinets, trombones, saxophones, and snare drums. If you would like to help our school out we are in desperate need of music stands. We would appreciate your donation of used stands (Thank You).

is host to a vibrant learning community where each student shares in a journey of selfdiscovery and personal growth.

Brookes uses the International Baccalaureate as its platform for learning and welcomes 150 students from 15 countries for a diverse learning experience.

To find out more: visit shawnigan.brookes.org email shawniganlake@brookes.org call 250.929.0506

Step up to the challenge. Step into Brookes.

Brookes Shawnigan Lake: An IB World School for boys and girls from grades 7-12

LIKE US ON FACEBOOK - FOLLOW US ON TWITTER ADVERTISE IN THE SHAWNIGAN FOCUS. ads@shawniganfocus.ca We also have a choir for grades 4-7. An upcoming performance for the choir is in the works. We are hoping to perform on the Cowichan Bay docks so stay tuned for more information.

In December, on the 15th, we will have a winter concert where the band and choir will perform for the parents of students.

On another note, Discovery's raffle baskets will be on display and tickets sold on December 4th from 3:30-6:30 pm, at Steers Meat Shop in the Purple building, during the Christmas in the Village. They will also be available before and after the Discovery School winter concerts on December 15th at 1:00 and 6:30 pm. The draw will be held after the last concert at 8:30 pm.

In conclusion, if you have any further questions or if you would like your child, or children, to join either of these music programs, you are welcome to ask our music teacher or tp call the school office (250-743-3291).

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### **New Years resolution?**

#### **Trish Letient** Shawnígan Resídent

Are you looking for a gentle way to increase your activity level? Would you like support and encouragement from a group of friendly people who are eager to help you reach your goals? If you would like to do something good for your physical health and sense of well-being then consider signing up for the Times Colonist 10K clinic at the Shawnigan Lake Community Centre.

The TC 10K training clinic is a gradual 14-week program for walkers and runners of all fitness levels. Whether you want to walk, begin running, run stronger, or run faster, the clinic has a program for you. Do not feel that you already need to be fit to participate. All you need is a desire to participate. Your clinic leaders are volunteers who love to stay active and who want to share their enthusiasm with you. We are not elite athletes - we just love the feeling of

well-being after a walk, hike or run outside.

The Shawnigan clinic meets on Sunday mornings at 8:30 a.m., beginning on January 22, 2017. We start each session with an informal presentation on a variety of topics such as: clothing and gear to keep you safe and free from injury; stretching before and after walking/running; nutrition; tips on how to stick with your goals; and more. Speakers are either folks from our community or from those associated with the TC 10K community. After a short warm-up, we split up into groups to begin our work-out, returning to the community centre for stretching and cool down. If you have time, coffee afterward in the village with your new-found friends is a welcome reward for your Sunday morning effort.

You may be thinking that 10 kilometres is a long way but you will be surprised at the end of the 14-week program,



how doable it is. On the big day, in the heart of Victoria, the course is filled with people cheering you on, there's live music along the route, the gardens are in full bloom and the scenery along Dallas Road is as stunning as ever. This event is for everyone: elite runners, people running for a personal best time, folks whose goal is the finish line, and those who come for the happy vibe of all the volunteers and participants.

The cost of the clinic, \$141 (tax included), includes the 14-week program, entry fee into the TC10K, a technical training shirt, an event shirt, a graduated plan and training guide, access to speakers, the support of experienced leaders and group camaraderie. It's a great value and an inexpensive way to help you keep a fitness-inspired New Year's Resolution. At the end of 14 weeks you will be ready for the TC 10K on Sunday, April 30th.

For more information contact the Shawnigan Lake Community Centre: 250-743-1433

### Alice and the Affordable Feed Act

#### **Bruce Fraser** From Ríverpool Farm

Alice seemed a bit agitated this morning, stomping and squirming around the barn like she had burrs on her tummy, just like the dogs do when they have strayed too far into the briar patch. What's more, she head butted little Amber as though they weren't a faithfully bonded pair, keeping her from getting at the winter treat of alfalfa in their hay net. I'm always prepared to be instructed by Alice's whim and wisdom, so of course I had to inquire. "What's up Alice, are you about to be politically pro-

able heat. "Blaaaah, the world is going nuts" she ranted, "while goats are starving in refugee pens we are focusing on making more campsites for RV's, while kids are being sold into breeding slavery we are busy advertising winter vacations in Langford, while the walls of cities are being bombed to dust we are buying a few more bombers for show, we are oblivious to the irony that water cannons are shooting clean water at people complaining about dirty water, we are about to flood farmland and pipe oil into the sea. But, what really irks me no end is that the neighbouring farm is about to repeal the "Affordable Feed Act".

gargantuan snort. "You're so naïve, that farmer next door is angling to sell his farm at a profit and reducing our feed rations goes straight to his bottom line. He is going to treat us all like Angoras and just fleece the crap out of us while smoking the best cigars, slurping duty free maple syrup and munching back bacon seized at the border. I can see it all coming, there will be a tariff on our farm's eggs and a surcharge on his farm's alfalfa pellets. He's going to prevent our straw bales from entering the market while he ups the charges on NETF-LIX. It makes me want to retreat to the lower pasture and eat scotch broom to just end it all." Amber rolled her eyes as only a goat can do.

and those stupid toy makers are trying to destroy the featherbearers union by marketing fake hatchlings that don't even have a decent yolk!"

"OK", said the Shilos, "While you're at it, how about making some wind-proof tiny dog houses available instead of those leaky canvas things. We've heard more than enough barking on the abandoned puppy matter, it's time for action."

And the cat chimed in, "Pounce first, explain later. That's what's really happening next door these days. For myself, I tend to like consequences that I can eat."

So it goes, nothing escapes the animals, we just don't listen to them as much as we should.



phetic or something?"

It's hard to fully describe a goat bleat that bears a remarkable resemblance to a human expletive, but Alice rendered one with consider-

"But Alice, that's just a political threat in the heat of a farm team election so you shouldn't expect it to really happen." That led to a

The hens, not to be outdone in the umbrage category, squawked in unison "Yeah,



#### December 9, 6:00-8:30

www.theclayhubcollective.weebly.com





#### Dr. Mackenzie Brooks

250-888-0517 Dr@DrMackenzieBrooks.com www.DrMackenzieBrooks.com

#### **Dr. Mackenzie Brooks**

Registered Psychologist is pleased to announce the opening of an office in the Shawnigan - Mill Bay area.

Now with 2 offices to serve you, Oak Bay and Shawnigan Lake. Please call or e-mail for a prompt and confidential reply.

#### Professional Services include :

- Counselling
- Coaching
- Organizational Development

DECEMBER 2016~ SHAWNIGAN FOCUS 19

### WOW! What a busy 6 weeks

#### Comrade Win Teague

**PR Coordinator** Royal Canadían Legion Branch 134 Shawnigan Lake BC

It all started on the 22nd of October when we remembered all of those service men and women who lost their lives on Canadian soil while serving this great country Canada, in a non-wartime situation. The second service took place at the Cobble Hill Cenotaph and was attended by approximately 100 people. It is hoped that this number will increase each year. We Will Remember Them

Then we had a very large group of volunteers who gathered to stuff envelopes with poppies for our mail-out poppy campaign. We set a new record for time stuffing the 6000 mail-out envelopes. Thanks to all of the volunteers for that job as well. Another big thanks to all those members and volunteers who stood outside with poppies.

Remembrance Day, November 11, 2016 -Cobble Hill Hall and the Cenotaph.

At 1000 hours, the church service in the hall commenced and, for someone who has never been there, it was almost like a history lesson. The Archbishop made this part of the day very interesting while respecting what the day was all about.

Then all of the veterans and the colour party led the marching contingents to the cenotaph. All of the branches of the Canadian Forces were represented: RCMP, Firefighters, Ambulance Services, representatives of all local government agencies, Scouts, Girl Guides Brownies and Sparks (apologies if I have missed some unintentionally).

The weather was superb, the crowd in attendance was the largest ever and the service was excellent. The flypast from the local aviators was right on time and very much appreciated.

The bugler and bagpiper fulfilled their requirements and the crowd raised their voices for the National Anthem and God Save the Queen, plus one hymn.

The wreaths were placed on the Cenotaph and, after all the groups marched off, a new tradition began...removing your poppy off and pinning it to one of the wreaths.

On behalf of our President and all of the Executive of Branch 134 we would like to thank all those personnel who helped during these events. Without your help these events could not be completed.

### South Cowichan Community Policing Advisory Society

#### **Oriana Parker** (SCCPAS)

#### Stay Safe During the Holiday Season

At a recent board meeting of the South Cowichan Community Policing Advisory Society it was revealed that the perpetrator responsible for the rash of break and enter crimes in the Shawnigan Lake area had been caught and is now incarcerated. However, that does not mean that one should let their guard slip. Report suspicious behaviour in your community to your Block Watch captain or the RCMP. The holiday season is here and with it comes a whole variety of criminal behaviour. Here are a few pointers from the BC RCMP:

Mail theft is a problem this time of year so collect your mail promptly. Plan ahead if you'll be away. Don't recycle personal financial information – shred it.

When you are shopping, don't withdraw

a large amount of money from an ATM. Thieves lurk in parking lots around financial institutions. Men should carry their wallets in their front pockets and women should carry their purses close to their body. Never leave your purchases unattended and don't use your vehicle as a storage locker. Place all your purchases in your trunk. Under no circumstances should you leave your children unattended in your vehicle.

At a store, make sure to keep an eye on anyone who handles your debit or credit card. If the cashier swipes your card make sure it is only swiped once and get your card back promptly. (Identity criminals sometimes use small devices that look like store equipment to copy your card information). Shred all credit card receipts.

Online shopping – make certain you are dealing with a reputable retailer. Look for the lock symbol and https at the beginning of the URL. When purchasing items from individuals online always meet in public places. Also, have you checked the blacklist? Before buying a smartphone, check the status of your device in Canada.

Avoid charity scams as some may be bogus. Log onto the Better Business Bureau to make certain it is not a fraud.

The SCCPAS provides a free phone service to individuals in our community who live alone. The Friendly Phone service is in place to make contact on a daily basis with shut-ins, the elderly, or individuals that find themselves alone for a certain length of time. It's a friendly check-in to make certain that all is well. If something should be amiss, then the guardian or family is notified immediately. This service might be a timely one for "snow birds" who leave loved ones behind.

Call our office at 250-929-7222 and speak to our Co-ordinator Sarah for more information.

#### SHAWNIGAN LAKE VOLUNTEER FIRE DEPARTMENT

PO Box 201, Shawnigan Lake, BC V0R 2W0 Phone: (250)743-2096 Fax: (250)743-2096 Non-emergency Phone: (250)812-8030 Email: shawniganfire@shaw.ca



#### Department Members Attended 18 incidents in November

- Tuesday, Nov 1 -1st Responder off Shawnigan Lake Rd
- Monday, Nov 7 Assistance on Fitzgerald Rd
- Saturday, Nov 12
   Assistance on W
  Shawnigan Lake Rd
- ★ Saturday, Nov 12
  − Hydro Lines on Gregory Rd
- Sunday, Nov 13
   Hydro Lines on Renfrew Rd
- ★ Friday, Nov 18 MVI on Sylvester Rd
- ★ Friday, Nov 18 Chimney Fire on Heald Rd
- Sunday, Nov 20 Burning Complaint on Damascus Rd
- ★ Tuesday, Nov 22 -1st Responder off Shawnigan Lake Rd
- ★ Wednesday, Nov 23 -MVI on Shawnigan Lake Rd
- ★ Thursday, Nov 24 MVI on Shawnigan-Mill Bay Rd
- Saturday, Nov 26 Alarms Activated on Shawnigan-Mill Bay Rd



#### We have expanded our school!

### Spaces Available For September

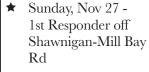
**Preschool & Child care** 

#### Part time & Full Day Programs

250-743-6279

We offer Montessori classes for children 30 months to 6 years of age, including kindergarten. Full and part time programs available. Our experienced staff, using an enriched Montessori curriculum, will provide the best preschool education for your child.

#### www.shawniganlakemontessori.com



- ★ Sunday, Nov 27 -1st Responder off Shawnigan Lake Rd
- ★ Monday, Nov 28 Alarms Activated on Skylar Circle
- ★ Monday, Nov 28 -1st Responder off McKernan Rd
- ★ Monday, Nov 28 Structure Fire on Shawnigan-Mill Bay Rd
- ★ Tuesday, Nov 29 MVI at Shawnigan & W Shawnigan Lake Rds

#### **IOISHAWNIGAN FOCUS**

### **COMMUNITY GROUPS**

- ★ Area B Director's meetings with Sonia Furstenau Office hours by appointment. Email sfurstenau@cvrd.bc.ca For meeting updates check www.soniafurstenau.ca
- ★ Shawnigan Advisory Planning Commission (APC) Meeting TBA at Watershed office: #4-1760 Shawnigan Mill Bay Rd. Contact: grtreloar@shaw.ca
- ★ Shawnigan Parks and Recreation Commission Meetings are held bi-montlhly on the third Thursday of the month. 7pm at the Shawnigan Lake Community Centre.
- ★ Shawnigan Lake Community Centre Commission TBA as needed. Shawnigan Lake Community Centre
- ★ Shawnigan Improvement District 2nd Monday of each month 7 pm at #1 Fire Hall
- ★ Shawnigan Residents Association (SRA) For info: check www.thesra.ca
- ★ Shawnigan Lake Business Association (SLBA) Contact: info@slba.ca for information
- ★ Shawnigan Lake Community Association (SLCA) Contact: <u>bburr@shaw.ca</u>
- ★ Shawnigan Basin Society Meetings held in Watershed office: Unit 4-1760 Shawnigan Mill Bay Road. Contact: luvlife@shaw.ca
- ★ Young Seniors Action Group (YSAGS) Contact: www.ysag.ca email: ysagssl@gmail.com
- ★ Shawnigan Lake Museum Open Fri-Sun 10:30-4. Closed from Dec. 19, 2016 to Feb 3, 2017 Contact: shawniganlakemuseum@shaw.ca
- ★ South Cowichan Community Policing Contact: 250-929-7222 - www.southcowichancommunitypolicing.ca

#### Classifieds CHILDCARE

- **BUSY BEE DAYCARE**
- Licensed multi-age facility
- Fully fenced playground
- Rural acreage
- Subsidy accepted
- Close to Shawnigan Village
  Contact for availability (drop ins) 250-743-5031 busybeedaycare@shaw.ca



Junk Removal & Estate Clean-Ups Gutter Cleaning & Leaf Collection Roof, Siding & Driveway Cleaning Regular Yard & Home Maintenance Tree & Shrub - Pruning & Shaping PerfectionPropertyGroup.Com Please Call : 250 - 732 - 4490 7 Days / Week - 10am - 6pm



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Family owned since 1956

Your one-stop convenience store. We have everything:

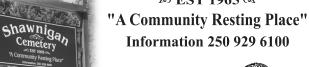
Subs & Hot-Dogs—Slush—Instore Bakery—Lottery—Giftware Greeting Cards—Balloons—Fax & Photocopy—Dry Cleaning Rug Doctor—Hunting Licenses—Fishing Tackle

> 1855 Renfrew Road Ph: 250-743-2144 Fax: 250-743-7883



#### **COMPETITION TREE SERVICE** BUD BEAM 250-743-2341 CELL 250-744-6898







#### **Recycling in South Cowichan,**

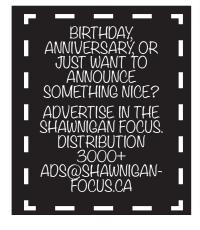


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your classifieds of choice. Your message delivered to every address in the Shawnigan Lake area. \$10 for the first 30 words 25¢ per additional word Email : ads@shawniganfocus.ca Telephone : 250-743-2197

#### **RENTALS**

#### EMPLOYMENT



One lucky respondent with the correct answer will be randomly selected to win two Specialty Coffees at Shawnigan House. Reply to: <u>editor@shawniganfocus.ca</u>

#### No Winner for November!!

The photo for NOVEMBER showed a ghostly spider, part of the splendid and spooky Halloween yard display at the end of Heald Road in the Village. Thank you to Dalzell and Kelly for your extraordinary efforts year after year!

Sarah & Co P	roperty Maintenance			
FREE Estimates	Seniors Discount	Asid and		
Carpentry, Eavestrough Cleaning,				
Edible Gardens, Gardening, Hauling,				
Lawn Care Packages, Landscaping & Design, 🛸 🖉				
Moss-Removal, Painting, Powerwashing,				
Rubbish Removal, Small Moving Jobs				
	RECYCLING	Sait		
Sarah Davidge	250 732-3591	2 1		
Nathan Pay	250 466-0521			
	sarahandcor	npany@shaw.ca		

#### HEALTHY BEGINNINGS A Free Drop-In at the Shawnigan Lake Community Centre



Healthy Beginnings is a friendly, relaxed group for moms and dads with babies and toddlers from birth to 3 years of age. There is no registration required, just drop-in to visit and share a cup of coffee or a snack. We will be discussing a wide range of topics. Gathering every Thursday morning except the weeks with a statutory holiday.

Toddler Group starts at 9:30 AM | Infant Group starts at 11:00 AM

INFORMATION : Rhoda - 250 709 3050 EMAIL : rhoda.taylor@viha.ca FACEBOOK : Healthy Beginnings Cowichan

DECEMBER 2016~ SHAWNIGAN FOCUS I II

# Maama Store & Patio



... wish our Shawnigan Lake friends and customers a ...

## Happy Holiday Season!

A Special Thank-You to our Staff and Suppliers for 60 Years of Hard Work

Thank-you Shawnigan, we had a great anniversary year and we especially enjoyed celebrating it with all of you.

We look forward to continuing to serve you as we bring our 60th Anniversary year to a close.

Enjoy your holidays and remember we are always happy to see you!

#### **DRIVE SAFELY**



#### **OPEN EVERYDAY**

Monday - Friday 6:30 AM - 11:00 PM Saturday & Sunday 8:00 AM - 11:00 PM

#### HOLIDAY HOURS

Christmas Eve Christmas Day Boxing Day New Year's Eve New Year's Day 8:00 AM - 9:00 PM CLOSED 9:00 AM - 9:00 PM 8:00 AM - 9:00 PM 10:00 AM - 8:00 PM

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