



# Shawnigan Focus

Volume Nine - Issue Eight

August 2018

A Non-Profit Community Publication

## BC SUMMER GAMES ON SHAWNIGAN LAKE

**Lee Curtis,**  
*Victoria Aqua Ski Club President*

The Victoria Aqua Ski Club hosted the Towed Waters Sports portion of the BC Summer Games recently and I am writing to let Shawnigan Lake residents know how wonderful the event was. The BC Summer Games brought a lot of new faces to our community and I know some of the visitors to our event ate and stayed locally so there was a positive economic spinoff.

Youth from all over BC descended on our club with a cube van full of ski gear that included jump skis, helmets, handles, trick skis, wakeboard and slaloms as well as lots of sunscreen. They brought their equipment along with their smiles and had a fantastic weekend of competition. I am impressed with how pleasant, polite, respectful and enthusiastic all the young athletes were, and how much positive energy they brought with them. Our club site is normally quite quiet, but it came alive with kids and spectators throughout the games.

The BC Summer Games is a great event for creating connections and encouraging participation in sport. Only a few of the youth knew each other before the event but by the end of the weekend they all seemed to know each other very well and participated together in other activities or games going on at our site. I was pleasantly surprised by how wholeheartedly the athletes encouraged and supported each other while at the same time competing for a place on the podium.

By the end of competition, Zone 6; Vancouver Island – Central Coast ended up with Gold Medals for the zone and our club members were part of that group. We had four club members participate: Nicola Leech (U-17 Slalom 5th, Trick 1st, & Jump 1st), Courtney Gray (U-17 Slalom 6th, Trick 6th & Jump 6th), Lincoln Richards (U-14 Boys Slalom 2nd, Trick 3rd & Jump 3rd) and Colton Craddock (U-17 Boys Slalom 2nd, Trick 7th & Jump 4th).

On behalf of the Victoria Aqua Ski Club, I wish to thank the Province of BC for continuing to fund the Summer Games to foster participation and a love of sport in BC's youth. I would also like to thank all the volunteers and sponsors that made Summer Games possible. Special thanks to our local RCMP for helping inform boaters of the Towed Water Sports event because that helped keep wakes low for the kids.

Have a safe and enjoyable summer at the lake.

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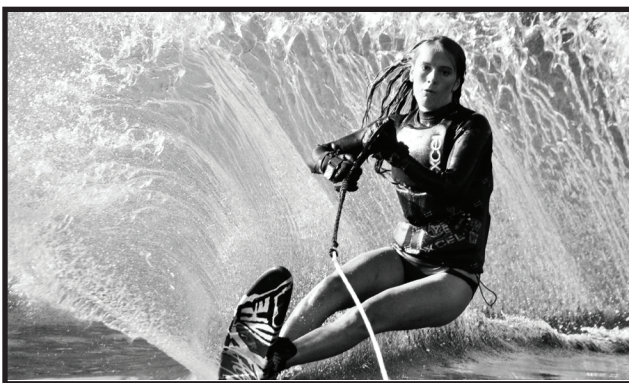


Photo Credit - BC Summer Games

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# Cowichan Valley MS Bike Tour

**Glenn White**

### MS Bike Cowichan Valley Bike Tour

Enjoy the fully-assisted, two-day MS Bike Cowichan Valley Experience bike tour on rural country roads with amazing getaway event experience leading you to award-winning wineries, a local cidery and distillery, picturesque and unique farms, markets, coffee houses, historic landmarks and more!

This year, the MS Bike Cowichan Valley Experience is hosted at Camp Pringle on beautiful Shawnigan Lake. Get ready for an amazing weekend by the lake. After your ride on Saturday, join us for a dip in the lake or take out a canoe or kayak to tour the lake and unwind. The site features beautiful views of Shawnigan Lake, scenic trails, and more! To register please go to [http://mssoc.convio.net/site/TR/BikeTour/BCandYukonDivision?pg=entry&fr\\_id=5977e](http://mssoc.convio.net/site/TR/BikeTour/BCandYukonDivision?pg=entry&fr_id=5977e) gasdi

MS Bike is the largest fundraising cycling series in North America and it's the experience of a lifetime! When you ride with MS Bike, you join our country's

collective effort to help improve the lives of Canadians affected by MS. The dollars you raise are invested in world-leading MS research happening right here in Canada research that will bring us closer than ever to the first treatment for progressive MS and ultimately a cure for the disease. It's an exciting time for MS research, and your participation will keep the momentum going. Join us at this event full of excitement, challenge, community and we know you'll leave with a sense of great accomplishment.

Riders will have an opportunity to spend time in the Village of Shawnigan Lake when they visit Shawnigan House Coffee and Chocolate and have an opportunity to see and learn about the history of Shawnigan Lake and area at the Shawnigan Lake Museum which will be open for all to enjoy.

On your way home on Sunday join us at Elsie Miles Park in Shawnigan Lake beside the community centre for the Heritage Fair, hosted by the Shawnigan Lake Museum, open till 2:30 PM.

The MS Society provides services to people with multiple sclerosis and their families and funds research to find the cause and cure for this disease. We have a membership of 17,000 and are the only national voluntary organization in Canada that supports both MS research and services. Since our founding in 1948, the core support of the MS Society has been from tens of thousands of dedicated individuals, companies and foundations in communities across Canada. The Society receives almost no funding from government.

The MS Society is governed by a board of directors comprised of 14 volunteer members who are elected annually. There are seven regional divisions and more than 90 chapters that engage in many community-based activities.

We hope you will welcome the MS Bike riders to our community and be patient and careful as they ride around our wonderful lake as part of the MS Bike Ride on August 11 and 12.

## Annual HERITAGE FAIR

*Load up your loved ones  
and come to the fair*

*Pack a picnic and join us  
for an old fashioned  
community get together*

**August 12, 2018**

**10:30 - 2:30**

**Elsie Miles Park**

For more information:

[shawniganlakemuseum@shaw.ca](mailto:shawniganlakemuseum@shaw.ca)

(250) - 743 - 8675

[shawniganlakemuseum.com](http://shawniganlakemuseum.com)



The Shawnigan Lake Museum invites you to come out for the **6th Annual Heritage Fair** and family picnic from 10:30-2:30 in Elsie Miles Park (right behind the museum).

It is an old fashioned 'slow' day with lots of fun for the whole family.

New for this year: we are partnering with Shawnigan Vintage Barn who will set up a small Vintage Market.

We will also have a concession and other fun food if you don't bring your own picnic. Enjoy the line-up of vintage vehicles; the lovely artisans at work; play bingo; join in the old fashioned races; try square dancing and folk dancing; dress up for an old time photo booth portrait and many more fun activities. We will have a water station so please bring your water bottle. If you forget, we will have some for sale.

## South Cowichan Library

**Summer Reading Club** runs until August 21, as do the challenges for teens and adults. Come by the library to learn more.

**Be a Sphero Hero** on Wednesday, August 1, 2 - 3:30pm. Bring your own adult to make a team and compete in two challenges with Sphero Mini robots. Learn some coding to complete a game of Sphero bowling as well as a long and winding course. Each team to finish both challenges gets a Sphero Hero pin!

**The Stuffie Sleepover & Storytime** happens on Thursday, August 9 with storytime 3 - 3:30pm and drop off until 4pm.

Bring your most outgoing stuffie to a storytime and then leave your friend for an overnight adventure in the library. If you can't make storytime, registration and drop-off happens any time before 4pm. Pick stuffies up on Friday, Aug

10, 10 - 5pm. For kids 0-12 and stuffies of any age.

**Paint a Birdhouse** on Thursday, August 9, from 5pm to 7:30pm. The Cowichan South Arts Guild is providing birdhouses, paints, and some lessons in using acrylic paint. Eileen McGann and Charlotte Haggart will be leading this workshop which leads to CSAG members being able to display their birdhouses at the Cobble Hill Fair on July 25th if they wish. Please drop by or call the library at 250-743-5436 to register.

**Don't blink!** Join us for the Motion Commotion Magic Show on Tuesday, Aug 14, 3 - 3:45pm. Watch as magician Leif David makes items teleport from one side of the stage to the other, plays games involving the entire audience, and shows that the hand is quicker than the eye. Truly entertaining for all ages.

## SHAWNIGAN FOCUS - AUGUST 2018

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### ABOUT THE FOCUS

The Shawnigan Focus is an independent, local, non-profit publication, produced by the volunteer Focus team. Shawnigan Focus endeavours to inform; promote involvement in the community; and interest a broad cross-section of the residents of Shawnigan Lake.

The Shawnigan Focus is

delivered, free of charge, to postal addresses in Shawnigan Lake (Area B).

Out-of-town subscriptions are available for \$30 per year.

*Views expressed in articles and letters are not the opinions of The Shawnigan Focus, but of the authors.*

Additional copies are available in The Village.

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# Shawnigan Stargazer

Colin Frostad  
*Shawnigan Focus*

August: Perseid meteor shower

Just as the kids are on vacation, August will be a bit of vacation for stargazing. No telescope or binoculars required this month; all you have to do is look to the northeast. This is because it is time for the annual Perseid meteor shower, the year’s best display of shooting stars.

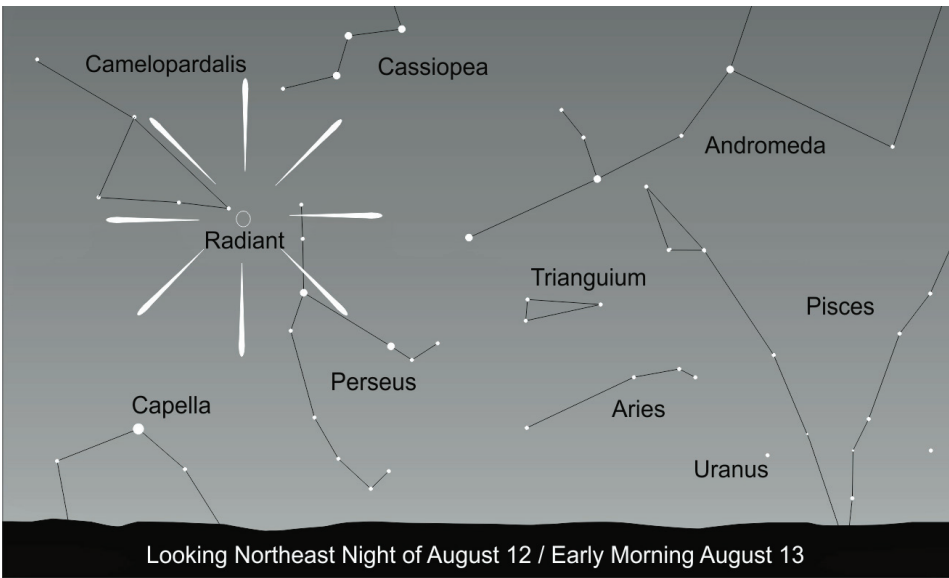
The Perseids will peak on the night of August 12th into the early morning of August 13th but will slowly build up and decline for 2 weeks on either side of that date. Fortunately for us the New Moon in August is on the 11th, leaving a dark sky for viewing during peak times.

Meteor showers are created when Earth travels through the debris left behind from comets that travel around the Sun. The comet responsible for the Perseids is 109P/Swift-Tuttle, discovered in 1862 jointly by Lewis Swift and Horace Parnell Tuttle. The apparent point of origin in the sky of a meteor shower is referred to as

the radiant (see star chart), and the shower is named after the constellation where the radiant is located. Just as bugs whiz by your windshield as you are travelling in your car, the radiant represents the direction that Earth is travelling through the debris field, and the meteors streak through our atmosphere from that direction.

Typical meteors that you will view are dust sized particles, and particularly bright shooting stars you will see are around pea size particles. As typical cometary debris is small in size, none of the shooting stars you will view during the Perseids will become “meteorites”, meaning a meteor that survives its journey through earth’s atmosphere and lands on the surface of Earth. The Perseids are particularly renowned for their long bright tails which are formed because the Perseids are especially fast moving objects at ~200,000 km/h. Current forecasts are predicting around 80-90 meteors per hour in a dark site, so Shawnigan should see a fair bit of those as our northeast sky is quite dark.

Planets and Moon: Saturn is rising



progressively earlier and Jupiter is now in the southeastern sky after midnight. Venus remains very bright in the western sky at dusk. Full Moon is on July 27, diminishing the Martian opposition.

Meteor Showers: Jupiter is getting progressively closer to the western horizon at dusk, setting shortly before midnight, mid-month. Saturn and Mars will rise earlier in the evening compared to last month (see July Fo-

cus) but will remain high in the southern sky around midnight for good viewing. If you would like a challenge this month, attempt to spot Uranus while viewing the Perseids. It currently lies to the north of the constellation Pisces. Through a telescope Uranus appears blueish-green, this colour is due to the presence of methane in the atmosphere of the gas giant. As mentioned, the New Moon is on the 11th, the Full Moon is on the 26th.

WE ENCOURAGE YOU TO SEND US LETTERS... EDITOR@SHAWNIGANFOCUS.CA

The Focus will publish your thoughts on Shawnigan issues: bouquets you would like to offer to special people; things that strike you as funny; challenges you want our civic leaders to consider; and/or ideas that would better our community. Letters to the Editor must be accompanied by the author’s full name, address and phone number, but the contact information, other than the name, will not be published. Letters should be limited to 300 words and we reserve the right to edit for brevity or to refuse inappropriate or abusive language. Letters should attack issues - not individuals or groups.

Why the Shawnigan Museum Is Where You Should Be This Weekend

I am always surprised by the people who say things like “I’ve lived in Shawnigan for twenty years but I still haven’t visited the museum.” I get it. Everyone is short of time (or money) but I urge you to gather up those you love and come on by before summer is over. Why? You might learn some surprising things about your community; get reminders of your childhood or family history; become inspired by the way people have done more with less and still managed to create vibrant towns and healthy families; and you may connect with neighbours and volunteer opportunities.

Did I mention that we offer great family friendly events like Heritage Fair (August 12) and Family Day, both providing inexpensive fun for the whole family, and a host of cultural and social events that will make you smile and feel ever more connected to your Shawnigan community

There is also so much more... items from the studio where E.J. Hughes painted many Canadian masterpieces and some of his original drawings; fascinating stories about the Canadian pioneers who contributed to this neighbourhood; objects from daily life, that we dare you to identify; and a tiny jewel of a theatre. Our small gift shop may

be nothing to write home about now but we have big plans for it and hope to showcase the arts and crafts of some of our talented neighbours.

Alan Lowe, the former mayor of Victoria said recently “Arts and culture are defining features of any community. Their value extends beyond the tangible and speaks to the vital roles that cultural identity and artistic expression play in how we see ourselves and our place in the world.”

We couldn’t have said it better ourselves. Shawnigan Lake Museum 1775 Shawnigan Lake Road: Open Monday to Friday 9-5 - Saturday and Sunday 10-4

~ Shirley Hunter

Biochar – a simple approach for improving water quality in the lake

As I stood in front of trucks on Stebbings Road, I vowed that if they were going to poison our water I was bloody well going to clean it. I have used Oyster mushrooms and Willow trees and floating wetlands and gardens filled with plants that clean our water.

This winter I researched Biochar/charcoal and came across this video on YouTube that sparked my interest:

<https://youtu.be/HIUFWkc-trI>

If you go to the 14 minute mark it explains how charcoal could absorb most of

the contaminants we have in Shawnigan Lake and Shawnigan Creek.

I started collecting the charcoal left over in my woodstove every morning and the charcoal from our fire pit. On July 4th I put the charcoal into a burlap sack with a rock on the bottom, a float on the top, and dropped it into the middle of a 5’x5’x2’ algae blob (big ball of snot) and forgot about it. I came back to check in five days and half the algae bloom was gone. Nineteen days later 90% of the algae is gone and I can see the bottom of the lake. The water is clear and I can see fish, sticks and sand.

Charcoal has a magnetic charge. The charcoal attracts algae and absorbs it. Charcoal attracts heavy metals and sequesters them forever and ever. Charcoal that has been “charged” with the algae becomes Biochar and can be rolled into your garden to bring nutrients and hold 70% more water. Nutrients are slowly released but heavy metals remain trapped in the biochar.

I put a charcoal burlap sock in my pond and the water is clearing before my eyes and the fish are eating the algae off the sock ... amazing. Imagine saving all our charcoal and putting it in the lake and watching the water clear.

An interesting side effect is my milfoil is lying in the ground near the charcoal socks. Take

the nutrients away and the milfoil seems to be dying back.

Imagine these in Quamichan Lake cleaning the water so dogs don’t die from drinking it.

I will be making biochar as soon as the burning ban is over so we can get lots of socks into the lake. Save your charcoal

and clean our Shawnigan Lake. I will happily come clean your fire pit or drop off a bucket for you to collect it in.

Nature always gives us the solution. Charcoal is an excellent water cleaner and my experiment is a success.

~Shemama Bell-Irving

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## Book Review

**Marcy Green**  
*Shawnigan Focus*

### **The Girl in the Spider's Web**

by David Lagercrantz  
Published by Penguin Canada  
Translation copyright 2015 by George Goulding

It's summertime and what better book to take to the beach than a good Swedish thriller?

If you read the three books in the Millennium Series by the late Steig Larsson, who died of a heart attack in 2004, you might be curious to see what direction a different author takes in writing the fourth book. Larsson's publisher gave the assignment to David Lagercrantz, who is a respected and acclaimed author in his own right. Although there is still some controversy over an unfinished manuscript owned by Larsson's partner, I think this latest book about the escapades of Lisbeth Salander and Mikael Blomkvist carries the story forward very well.

While the plot twists and turns and many new characters are introduced, there is still enough explanation given to guide the reader through the multiple layers of spy and law enforcement agencies, a hacker's circle, and a criminal network called the

Spider Society.

There is even a long-missing twin sister of Lisbeth, her nemesis, who works against her and plots her destruction. Several familiar minor characters are reinstated, and, together with the Swedish landscape, place names and cold wintry weather, provide a good continuity.

However, the story is always about the two very different main characters, Salander and Bloomkvist. Salander is dark, tormented and scarred by her childhood experiences. However, she retaliates by fighting against those who she sees as corrupt and in power, particularly within the realms of industrial espionage. In this story she encounters quantum computing and ASI (Artificial Super Intelligence), and, with her fierce intelligence, is able to master and decipher all that she needs in order to keep the criminal element off balance. She remains an enigmatic, dangerous woman with no remorse for hurting those she deems deserving of punishment.

Bloomkvist is also a crusader, only he exposes corruption through his writing and work in a prestigious, well-known journal. Sometimes, as in this case, he gambles his good name on following an elusive

lead, ignoring criticism and the prospect of his magazine going down as he orchestrates a brilliant expose. As in the previous books, the two of them continue to make a formidable team and the tension as they race to save a child who is an autistic savant, and then to uncover a murderous spy ring, make this story taut and exciting.

If this particular volume is as well received as I think it will be, there should be a few more Millennium books coming to us soon. Stay tuned.

**Rating: 4.5/5 Stars**

### **The Girl Who Takes an Eye for an Eye**

David Lagercrantz  
Translated from the Swedish by George Goulding  
Published by Penguin Canada  
Translation copyright 2017 by George Goulding

You might know David Lagercrantz as the literary heir to the very popular Girl with the Dragon Tattoo series, written by the late Stieg Larsson. What a hard act to follow. After Larsson's estate picked Lagercrantz to write the new series, his first novel, "The Girl in the Spider's Web", generated huge controversy, especially for diehard fans. And now, judging by the mixed reviews, so does this second one.

There is definitely a dif-

ference in style but I think the writing is tight, the plot is lively and he develops the beloved main characters very well. In doing so, he has established himself as his own man, not a pale imitation of Larsson. You'll have to decide for yourself if he's succeeded, especially if you're a fan of the original books.

Lisbeth Salander, our anti-heroine, is older, less vulnerable and still a violent force, although the violence and sex in this second series are toned down. However, the suspense and build-ups crackle and we eagerly wait for the villains to get their deserved punishment. Lisbeth does not disappoint and gets out of one difficult situation after another, as we know she will. She is a Goth Super Hero.

Mikael Blomqvist, the journalist, is again front and centre in this novel, as are two identical twins, deliberately separated at birth by scientists eager to research the relative merits of genetics and environment. Blomqvist slowly unravels these terrible secrets and brings them to light, often endangering his own life. What is so striking about this plot is that it is based on actual research that was acceptable several generations ago, using children and families with no voice or power, often from unprotected minority groups. Lives were shattered, as is evident in this storyline.

Many other current topics are included, such as forced arranged marriages, manipulated stock market swings, the dark side of the web and climate change. The Swedish place names are still included and the reader may now feel quite at home in Gamla Stan (Old Town) in Stockholm, as the characters have wandered through this famous city centre throughout the five novels in the two series. The translation from Swedish into English is seamless as there is no awkwardness in phrasing or language.

I found the book quite satisfying. Elsbeth is still a bit of an enigma, although we now know more about her childhood and the full meaning of her tattoo. The last scene, where she awkwardly eulogizes an old defender and friend and then stalks out, is very touching and true to her character.

A loner by nature and a genius in terms of computer skills, mathematics and systems hacking, Lisbeth is a fascinating protagonist, and, no doubt, will continue to hold our attention. I look forward to her further adventures, particularly when she is protecting the weak and defenseless in her own unflinching style.

An easy summer read for these hot and sultry days.

**Rating: 4/5 stars**

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**HEALTHY BEGINNINGS**  
**A Free Drop-In at the**  
**Shawnigan Lake Community Centre**



Healthy Beginnings is a friendly, relaxed group for moms and dads with babies and toddlers from birth to 3 years of age.

No registration is required, just drop-in to visit and share a cup of coffee or a snack.

We will be discussing a wide range of topics.

It all begins at 10:30 AM

Every Thursday except the weeks with a statutory holiday.

INFORMATION : Rhoda - 250 709 3050  
EMAIL : [rhoda.taylor@viha.ca](mailto:rhoda.taylor@viha.ca)  
FACEBOOK : Healthy Beginnings Cowichan



*The Shawnigan Lake Community Association would like to extend a huge **THANK YOU!** to the Royal Bank of Canada in Duncan. Special shout-out to Shelley and Ed Weremi, Kim Simmons, Dayle Lovick and Janice Mandrusiak for volunteering their time with the SLCA on Canada Day, 2018. We just can't say thank you enough for all you have given our committee to ensure the ongoing success of our community events.*

*If you would like to become a volunteer or get involved in any of our events, please contact Marian Davies at [Shawniganlakecomassoc@gmail.com](mailto:Shawniganlakecomassoc@gmail.com).*

*Get ready for the **Halloween Hoedown!!** You can also find us on Facebook!*

*One of the greatest tragedies in life is to lose your own sense of self and accept the version of you that is expected by everyone else. ~Anonymous*



Director's Report - Living the Dream in Shawnigan

Sierra Acton  
Director Area B

Love it!

There is so much to love: the Parks, the Lake, the watering holes along the Koksilah River, the trails, outdoor sports and just enjoying the perfect balance of nature we have. People from all over the world enjoy the region and share in our delights of heritage and outdoor recreation since Shawnigan has some of the best mountain biking, watersports, fishing and outdoor attractions like the Trestle and Trans Canada Trail. Did you know we also have the B.C.'s smallest provincial park? Memory Island! Not only is this a beautiful place to live, but also, the people are a pleasure too; I feel truly blessed when I constantly see great deeds and small gestures of kindness all over this community... keep up the great work everyone.

Share it!

Three things that are important to me are our youth, nature and healthy lifestyles. For these reasons, I was very



Delegation to the Ministry of Environment

excited to be a volunteer at the BC Summer Games that were held here across the Cowichan Valley. As part of the Games, I was able to hand out medals at Brentwood College for Triathlon. I was also privileged to hand out medals and be the MC for the final two Towed Watersports medal ceremonies at our very own Victoria Aqua Ski Club, which also happens to be Canada's oldest Waterski Club. So many visitors were in awe of

what an inspiring place we live in (admittedly even the weather cooperated to make it a fantastic event.)

When it comes to sharing and sports, I am also pleased to be participating in the Multiple Sclerosis Bike Tour, right here in Shawnigan, to raise awareness and funds for MS research and support affected families. Should you wish to sponsor me, it would be greatly appreciated and I will match any donations up to my goal

amount (I'm on Team Batty Bikers.)

Protect it!

My number one priority continues to be collaboration with our MLA Sonia Furstenuau, and the Shawnigan Research Group (SRG) to have the 100K tones of contaminated soil removed. Last month we had a huge delegation present to the Ministry of Environment. The pressure continues towards removal, not closure.

We have lots of pressing issues, but this one needs to be resolved sooner rather than later. I also believe a land acquisition plan would be very valuable for protecting the watershed in the future... I would love to hear your thoughts on that too.

Enjoy your summer everyone! Please connect and share your views on many important issues coming up in the next little while like housing and watershed protection.

Free Yard and Garden Waste Drop-Off

Chloe Boyle  
CVRD

The Cowichan Valley Regional District (CVRD) offers free yard and garden waste drop-off for all residents living in the region as an alternative to open burning. Smoke pollution from open burning can seriously impact your health, as well as the health and well-being of your family and neighbours.

What happens to the yard and garden waste?

Yard and garden waste dropped off at CVRD facilities is composted locally. Yard and garden waste can include grass, lawn and hedge clippings, flowers, weeds, leaves, and shrub and tree branches less than 3 inches

wide. Carbon-rich yard and garden waste is mixed with nitrogen-rich food waste and then turned into a reusable resource - compost! After the composting process is complete, it is ready for use by businesses, landscapers and homeowners. Composting yard and garden waste is a great example of how local waste can become a local resource.

Is the process the same for invasive plants?

Applying precise temperatures, moisture and time, in-vessel composting facilities effectively destroy weed seeds. However, certain invasive plants are not accepted in regular yard waste. Knotweed, Giant Hogweed, Poison

Hemlock and Spurge Laurel are toxic and and/or prolific and must be handled separately to protect staff. These plants must be bagged and securely tied off, and brought to a CVRD Recycling Centre for safe disposal. This disposal is also free of charge.

You can learn more about recognizing and reporting invasive plants through the provincial Report-a-Weed invasive plant program. The program uses citizen-science to collect information on the location and spread of invasive plants, to inform the public and to effectively control the spread of invasive plants. Reporting is easy. You can download the Report-a-Weed mobile app, call 1-888-WEEDS-BC or visit

the provincial website [www.for.gov.bc.ca](http://www.for.gov.bc.ca).

To learn more about how our recycling and waste is managed, call the Recycling Hotline at 250.746.2540 or go online to [cvr.bc.ca/recycling](http://cvr.bc.ca/recycling).

Locations for free yard and garden drop-off

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3900 Drinkwater Rd, Duncan BC  
★ Peerless Road Recycling Centre  
10830 Westdown Rd, Ladysmith BC  
★ Meade Creek Recycling Centre  
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Shawnigan Focus

Malahat Legion

G.J. SOLLEY  
Malahat Legion

In July we wrote about one person’s talent, but behind her was a small team of people helping her.

September will be here before we know it. The Malahat Legion (and other non-profit organizations) need volunteers to help with their events. Brainpower is needed for planning, but other INPUT is also needed. Then comes PUBLICITY, TICKET SALES, SET-UP, TEAR-DOWN & CLEAN-UP. Each of these categories is as important as the other. You can plan to put on a great event, but without publicity, no one will know about it; without the ticket sellers, no one can buy a ticket. Strong muscles are needed for setup and

teardown. Unless all these categories are filled – no one will know, buy tickets, and/or return for your next big event.

“This is story about four people named: Everybody, Somebody, Anybody and Nobody. There was an important job to be done and Everybody was sure that Somebody would do it. Anybody could have done it, but Nobody did it. Somebody got angry about that it was Everybody’s job. Everybody thought Anybody could do it, but Nobody realized that Everybody wouldn’t do it. It ended up that Everybody blamed Somebody when Nobody did what Anybody could have done.” (Anonymous)

One or two people cannot do it all. Please do not ASSUME that other people will do the work. If you have some time or have a

special talent that might be useful, or wish to join the Legion, please contact us:

Phone: 250-743-4621  
Email: rcl134@shaw.ca or like us on Facebook: Royal Canadian Legion Br 134

During the summer the Legion is open our regular hours 11:00 am – 6:00 pm (closed Sunday and Monday). Thanks to our building improvements, our building is now air-conditioned. In the need for ice during this hot weather – you can purchase a 5-kg. bag at the Legion for just \$2.50 (includes taxes).

Soup & Sandwich Lunches will continue every Wednesday from 11:30 – 1:00 pm and our meat draws will continue every Saturday from 3:00 – 5:00 pm. All proceeds from the meat

draw go directly into the “gaming account” to be distributed to various local charities. Don’t forget to mark Friday, August 17th, 5:00 pm on your calendar - BBQ spareribs are on the menu (while supplies last). So if you don’t feel like cooking, come on down to the Legion for dinner. We also offer takeout. Hope to see you there.

Don’t forget you can drop your metal off at the Malahat Legion Branch 134 located next to the Fire Department in Shawnigan for FREE. We have two bins available. (No garbage please.) They take all appliances, hot water tanks, exercise equipment and BBQ’s.

Reminder: our BBQ steak dinners followed by the “Turnip Up-The Beet” Jammers will return on the 3rd Friday in September and October.

SHAWNIGAN LAKE  
VOLUNTEER  
FIRE DEPARTMENT

PO Box 201, Shawnigan Lake,  
BC V0R 2W0  
Phone: (250)743-2096  
Fax: (250)743-2096  
Non-emergency  
Phone: (250)812-8030  
shawniganfire@shaw.ca  
Department members attended  
25 incidents in July

- ★ Sunday, July 1 - 1st Responder off Renfrew Rd
- ★ Sunday, July 1 – Burning Complaint on W Shawnigan Lake Rd
- ★ Sunday, July 1 – Hydro Line Incident on Kews Rd
- ★ Thursday, July 5 – Burning Complaint on Thain Rd
- ★ Sunday, July 8 - 1st Responder off W Shawnigan Lake Rd
- ★ Monday, July 9 – Burning Complaint on Meadowview Rd
- ★ Tuesday, July 10 – MVI on W Shawnigan Lake Rd
- ★ Wednesday, July 11 – MVI on Shawnigan Lake Rd
- ★ Wednesday, July 11 – MVI on Thain Rd
- ★ Wednesday, July 11 - 1st Responder off Treit Rd
- ★ Thursday, July 12 - 1st Responder off Shawnigan Lake Rd
- ★ Friday, July 13 – Alarms Activated on Colman Rd
- ★ Saturday, July 14 – Assistance on McKean Rd
- ★ Monday, July 16 – Bush Fire on Shawnigan Lake Rd
- ★ Tuesday, July 17 - 1st Responder off W Shawnigan Lake Rd
- ★ Tuesday, July 17 - 1st Responder off W Shawnigan Lake Rd
- ★ Tuesday, July 17 – Bush Fire on Butler Rd
- ★ Saturday, July 21 - 1st Responder off Shawnigan Lake Rd
- ★ Sunday, July 22 – Mutual Aid MVI w/ Malahat Fire on the TCH
- ★ Sunday, July 22 – Mutual Aid MVI w/ Malahat Fire on S Shawnigan Lake Rd
- ★ Sunday, July 22 - 1st Responder off Shawnigan Lake Rd
- ★ Monday, July 23 – Smoke Smell on Fitzgerald Rd
- ★ Tuesday, July 24 – Burning Complaint on Wilmot Ave
- ★ Wednesday, July 25 – Burning Complaint on Shawnigan Lake Rd

Shawnigan Weather July 2018

- Stats courtesy of UVic Weather Network ~ compiled by Grant Treloar

Summer 2019 in sun mode

The summer of 2019 has jumped into full sun mode during the last 3 weeks of July. A brief cool down brought 1 day of of short shower on the 9th. The temperature has reached at least 20° or higher every day. Since the 21st of July there have been 8 straight days with the temperature rising to 30° or higher. Long range forecast indicate dry weather to continue.

	July Normal	Cigarmaker's Bay		Discovery School		Museum		Elford Road	
		2018	2017	2018	2017	2018	2017	2018	2017
Average High	23.3	28.0	26.4	27.1	24.7	27.1	24.4	26.6	24.6
Average Low	12.0	13.1	12.3	13.6	12.2	14.1	13.1	12.9	12.5
Extreme High	37.2	34.3	31.2	32.8	29.6	32.8	29.4	32.0	29.0
Extreme Low	3.9	8.4	9.7	8.9	8.9	9.9	10.3	9.0	10.0
Precipitation	23.2	1.5	1.5	0.5	1.2	0.8	0.5	1.8	1.2
Days w precip	6	1	2	1	2	1	1	2	2
Year Precip	654.9	596.4	725.2	570.4	671.2	529.0	585.6	617.2	656.7
Rank since 1914 (up to July 28): 4 <sup>th</sup> warmest , 10 <sup>th</sup> driest									
Lake Temperature: July 1 <sup>st</sup> : 19°    July 8 <sup>th</sup> : 20°    July 15 <sup>th</sup> : 24°    July 22 <sup>nd</sup> : 24°    July 29 <sup>th</sup> : 25°									
Lake Level Change: July 1 <sup>st</sup> : -1cm    July 8 <sup>th</sup> : -2.5cm    July 15 <sup>th</sup> : -2.5cm    July 22 <sup>nd</sup> : -4cm    July 29 <sup>th</sup> : -4cm									
Surface Elevation: 116.22m    116.20m    116.17m    116.13m    116.09m									



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## COMMUNITY GROUPS

- ★ **Area B Director's meetings with Sierra Acton**  
Office hours by appointment. Email [sacton@cvrd.bc.ca](mailto:sacton@cvrd.bc.ca) Next Director's.  
For more info check Facebook at Sierra Acton Area B
- ★ **Shawnigan Advisory Planning Commission (APC)**  
Meetings TBA at Shawnigan Lake Community  
Contact: Bruce at [jenniebruce1@gmail.com](mailto:jenniebruce1@gmail.com)
- ★ **Shawnigan Parks and Recreation Commission**  
Meetings are held bi-monthly on the third Thursday of the month. 7pm at the Shawnigan Lake Community Centre.
- ★ **Shawnigan Lake Community Centre Commission**  
Shawnigan Lake Community Centre
- ★ **Shawnigan Improvement District**  
2nd Monday of each month 7 pm at #1 Fire Hall
- ★ **Shawnigan Residents Association (SRA)**  
For info: check [www.thesra.ca](http://www.thesra.ca)
- ★ **Shawnigan Lake Community Association (SLCA)**  
Contact: [bburr@shaw.ca](mailto:bburr@shaw.ca)
- ★ **Shawnigan Basin Society**  
1st Tuesday of the month in Watershed office: Unit 4-1760 Shawnigan Mill Bay Road. Contact: [luvlife@shaw.ca](mailto:luvlife@shaw.ca)
- ★ **Young Seniors Action Group (YSAGS)**  
Contact: [blog.ysag.ca](mailto:blog.ysag.ca) - email: [ysagssl@gmail.com](mailto:ysagssl@gmail.com)
- ★ **Shawnigan Lake Museum**  
Open Wednesday to Sunday - 10:30-4 Contact: [shawniganlakemuseum@shaw.ca](mailto:shawniganlakemuseum@shaw.ca)  
Join us for the HERITAGE FAIR August 12th 10:30-2:30 Elsie Miles Park
- ★ **South Cowichan Community Policing (SCCP)**  
Contact: 250-929-7222 - [www.southcowichancommunitypolicing.ca](http://www.southcowichancommunitypolicing.ca)
- ★ **Royal Canadian Legion Malahat District Branch 134**  
Saturday Meat Draw 3:-5:00pm. Contact: [Gloria\\_gsolley@shaw.ca](mailto:Gloria_gsolley@shaw.ca)

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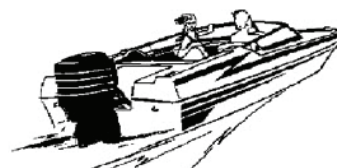


One lucky respondent with the correct answer will be randomly selected to win two Specialty Coffees at Shawnigan House. Reply to: [editor@shawniganfocus.ca](mailto:editor@shawniganfocus.ca)

## CONGRATULATIONS

The winner for July is Lacy Ballan who was the only person who identified the nice wooden gate at Shawnigan Jen's Sushi and Teriyaki (Take-Out) located in the heart of the Village. They have been serving good food for over five years!

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## Walk Talk

**Robin Massey**  
*Shawnigan Focus*

A wonderful couple I hike with regularly introduced me to this awesome trail tucked away within Cowichan Bay suburbia.

“Cees and Miep Hof Memorial Park” is quaint and inconspicuous at first, but do be prepared to burn your quads and hammies after its gentle introduction!

There are two highlights within the Park. First would be the forest trail but also there is a beach side park nestled right on the ocean. I feel the best bang for your butt is to loop them both together.

At the more official trail-head on Cherry Point Road is a small parking area along with a map and introduction board. The board reveals that the Park is a memorial to Cees & Meip Hof and family, who immigrated to the farm across the road in 1952. The park is in honour of their hard work and contributions to the Cowichan Valley farming community.

You will be exposed to a variety of terrain. From forest serenity to windy dirt paths, steep stairs and slopes, to the hard asphalt of the subdivision and of course the rocky shores of the ocean beach.

From Valley View Centre make your way towards Cowichan Bay but turn right



onto Cherry Point Road. Travel about 1 kilometer keeping a watchful eye for an open field on the right. Across the road from that field (left) is the entrance to the Park.

Intuitively, begin left from the map-board and follow to the first junction where another map-board is displayed.

You may want to take the downward trail, but do yourself a favor and go left, up those earthy stairs guiding

you along an elevated ridge overlooking the ravine below and an adorable little bench to rest. Continue until you reach a set of stairs leading down onto Kingscote Road.

Follow your nose and head down the road to the ocean and at the bend will be another park sign.

Mosey down the trail to the beachside park where you can have a picnic, take in the beautiful views of the Satellite

Channel and perhaps try your hand at skipping a few rocks.

Of course there is the option to return the way you came, or perchance you are stubborn of nature, like myself, and refuse to double back.

If the latter, make your way across the road to Brentview Drive. Proceed uphill to then head right onto Paradise Close. From within this cul-de-sac is another set of stairs taking you back into the forest.

From the top of the stairs, the trail will lead you right back to that second map board you previously encountered. Stay left for a complete loop back to the parking lot.

Although the trail is only approximately 3 kilometers, my iPhone states we climbed 30 floors. I'd say that's not bad for a little roadside park!

*Check out pictures for this hike at The Om Tree Facebook page.*



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