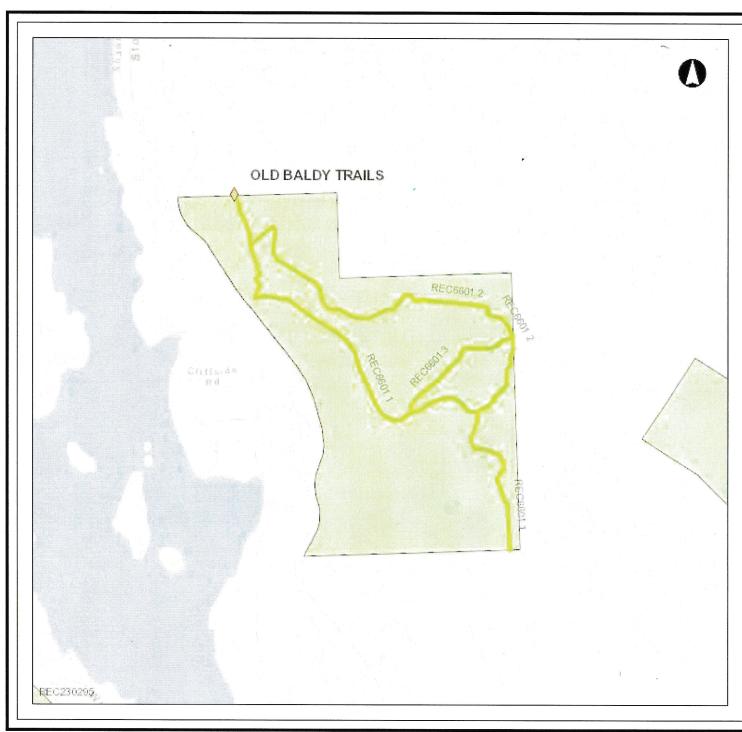
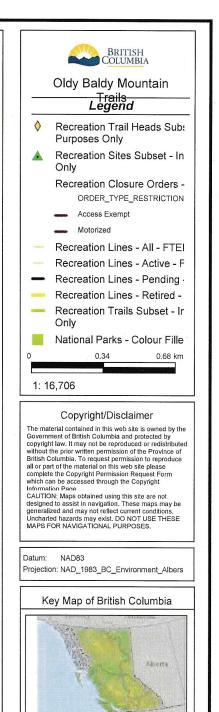
January 2022

A Non-Profit Community Publication

COMPLETING OLD BALDY COMMUNITY PARK





Sonia Furstenau Cowichan Valley MLA

Old Baldy Mountain, on the east side of the lake, is Shawnigan's iconic landmark. Our family often hike up Baldy, either to the summit or the cell tower, both for the physical exercise and the outstanding views. The view of Old Baldy from most points on the lake, immortalized by EJ Hughes, is hard to beat.

It was a great accomplishment when the Shawnigan community purchased 250 acres around Mt. Baldy as a CVRD community park

in 2015, preserving it from future development. This was made possible due to successful community fundraising and contributions from CVRD taxpayers. However, many residents may not realize that the second part of the plan was to acquire the adjoining parcel of crown land, in order to complete the park.

This 350 acre crown parcel known as Block 228, lying between Mt Baldy and Mt Wood, contains some beautiful old growth trees and a small wetland. It was zoned as parkland by the CVRD in 1974. However, for reasons

unknown, it was never formally designated as a park by the province.

A few years ago, the province was on the verge of allowing the parcel to be logged as a licensed woodlot. As Shawnigan's CVRD Director at the time, I was fortunate to be able to help change this plan. However, to avoid any chance of future logging, it would be preferable to formally designate the parcel as part of Old Baldy Community Park.

We had a beautiful hike through there on one of the

winter days after Christmas this year, magically quiet in the snow. The forest is also ecologically important, for rainwater retention and prevention of soil erosion and runoff on the slopes above the east side of the lake.

In past decades, the Shawnigan Parks Commission, under the leadership of George Norris and others, has advocated persistently for the preservation of Block 228. The process is part way there – already, several provincially designated "recreational trails" run through the parcel.

In the New Year, I intend to bring this up again with Forests Minister Katrine Conroy. If you are in support of this project, completing a 600 acre community park that will bring ecological benefits and provide recreation and inspiration for future generations, please let me know.

A strong demonstration of community support may be what it takes to push to finally complete what will certainly be the jewel of Shawnigan Lake, Old Baldy Community Park. Letters of support can be sent to SoniaFurstenau.MLA@gov.bc.ca



The vision of the Shawnigan Focus is "A Strong Community Through Strong Communication"

Lori, Kim, Taryn and

The Shawnigan Focus

In 2011, a group of residents concluded that there was a need for the Shawnigan community to have its own permanent newspaper. The Cowichan and Victoria newspapers lack sufficient focus on Shawnigan community events

and initiatives. It was the expectation that the Shawnigan Focus would fill this gap and, in so doing, nurture a strong sense of place and instill

As we head into our 11th year, the Shawnigan Focus team would like to take this opportunity to thank advertisers and contributors in 2021. With the support of the advertisers, the Focus is printed, and mailed, to over 2800 households, for free. Please support these local businesses. The Focus is also distributed at pick-up spots in the community as well as mailed to subscribers that want to keep up with news and events from the community.

We encourage you to support the Focus. This can be

done by talking about it with neighbours, volunteering, or submitting articles, community group updates, photos and/or placing paid ads. If you want to get involved with the process, or would consider writing as a volunteer reporter, let us know. As an unincorporated area, Shawnigan faces many challenges, but we are stronger when the community under-

stands the issues and comes together when needed.

With your support, we can increase the circulation and content. The Focus is about our community, Area B-Shawnigan Lake, which has a population of approximately 9000 yet is often underrepresented in the media.

Happy New Year from the Focus Team!

South Cowichan Library

Monica Finn

South Cowichan Library 250-743-5436

southcowichan@virl.bc.ca

A Winter Scavenger Hunt for children is happening for children until January 7. Turn in a completed answer sheet to enter a draw for a new book and a Tales the Whale kevchain!

Did you get a new device for Christmas? Contact us to book a Tech One-on-One appointment for in-depth help setting up eBooks, digital audiobooks, or other library e-Resources.

Have questions? Book a Librarian! Looking into family history or searching for your next read? Interested in online books, movies, or magazines? Ready to do some research? Schedule a 30-minute session with a librarian and bring your questions. Call 250-743-5283 to book a session.

Did you know the library receives three deliveries each week? We literally have new items on the shelves every day with a total of over 20,000 titles!

LOCAL BOOK CLUBS: we currently have ten Book Club Sets in the branch.

If you know someone unable to come into the library due to illness or injury, please let them know about our monthly volunteer Home Delivery service. Get books, audiobooks, and DVDs right at your door.

The South Cowichan Library in the Mill Bay Centre is open:

- ★ 10am 8pm on Monday and Tuesday
- 10am 5pm on Wednesday, Thursday, Friday, & Saturday
- **★** Public computers
- ★ Printing, photocopying, and scanning
- ★ Wi-Fi
- **★** Seating
- **★** Express Reads and Express View DVDs so you can skip the hold queues

Co-Editors:

Lori Treloar Kim Hennecker

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> shawniganfocuseditor@gmail.com shawniganfocusads@gmail.com

Cowichan South Arts Guild celebrates our wonderful community!

What a great turn out of families we had at our three Solstice events - spaced out, yet united in song under the festively lit Pavilion. The cedar bough Spiral was also such a hit with all ages! This is sure to become a popular annual Winter tradition in our Village.

Makers Circle will resume on January 13th at SLCC and Fearless Friday Painters resumes January 7th at Mill Bay Community Hall. Contact us at hello@cowichansouthartsguild.com for more information

ONCE UPON A WIN-TER'S NIGHT '22 - Celebrating Youth Storytelling through the Arts launches online Friday, Feb 18th -6pm. Still taking requests to participate!! We need more youth submissions for February's online 'Once Upon a Winter's Night' - contact us through hello@cowichan-

southartsguild.com * We look forward to hearing from you!

Open to youth 19 yrs & under. DEADLINE: extended to January 10th. Look for the link on our Facebook Page: Cowichan South Arts Guild Group; on our Website: cowichansouthartsguild.com

Join us: hello@cowichansouthartsguild.ca



PLEASE SLOW DOWN!

Dear Community,

We are students from St. John's Academy, and we have a big problem. People are driving too fast past our school through the 30km/h school zone. We are doing a project to fix this. We have lots of evidence of people speeding.

The police have been here and we used their speed radars and lasers and got proof of people speeding. We counted 68% of the cars going over 33 km/h and an average speed of 38 km/h in the school zone.

Kids are in danger of

getting hit by a car in front of our school and you can help change this.

We are asking for everyone to slow down when driving past St. John's Academy even if you are in a hurry.

We would really appreciate it if the community would follow the speed limit of 30km/hour. Thank

Sincerely,

Isla, Halle, and Zach.

Grade 4/5 Class St. John's Academy Shawnigan Lake

E.J. Hughes, at home in Shawnigan Lake



Photo by E. J. Hughes of his home on the east side of Shawnigan Lake, probably 1965

Robert Amos Artist & Author

Though he wasn't fond of the cold weather, artist E. J. Hughes was not entirely

unfamiliar with snow. As a Canadian War Artist, he had served two winters at Petawawa, Ontario and later was posted on the outermost

Aleutian Island of Kiska, a thousand miles off the coast of Alaska. But at peaceful Shawnigan Lake the snow took him by surprise.

In 1951, Max Stern of the Dominion Gallery, in Montreal, had contracted to buy whatever Hughes produced. On December 23, 1964, Hughes wrote to Stern: "I have the paintings packed and will mail them to you as soon as I can get into the village (we have about two feet of snow here, or more, the heaviest in seven years). I have made the mistake of not having snow tires or chains for our car so if conditions don't improve soon, I will walk in."

But conditions didn't improve. Almost a month later, on January 19,1965, he wrote again. "Deep snow is still here on the ground and has been ever since early December 1964." At last, at the end of January 1965, he was able to drive his car all the way

to the top of the driveway. Thinking of the winter conditions in Montreal, he wrote to Stern on January 29, 1965: "You must have realized more than I did myself that this record severe winter out here would be strain for us, and your cheque (larger than we expected) certainly did "augment our revenues" at the time".

Stern had paid Hughes very little for each painting at the beginning, but as the years went by Hughes produced superb work on a regular basis, and the Dominion Gallery paid more and more to the artist for every canvas. These paintings immediately found honoured places in the finest collections of the country.

A year later, on January 2, 1966, Hughes again wrote to Stern: "We are having another unusually heavy snowfall this winter. We have not been able to get our car out of our long sloping driveway for over a week."

In their draughty old house, the winter was sometimes scarcely bearable. On January 2, 1971, the artist expressed his concerns to Stern: "Mrs. Hughes and I have been coughing so much during this long cold spell we are having here (not much snow, but averaging around 32 degrees) that we almost feel like, some winter, going down to some warm dry area like Arizona or New Mexico for the four winter months where I could work on my BC watercolours in some quiet (is it possible?) auto court. Meanwhile," he sighed, "we'll just have to keep warmer here. I hope we never have to go anywhere warmer for our winters."

And, in fact, they never did. Robert Amos is the official biographer of E. J. Hughes.



Looking forward - 2022

Dear Community,

We would like to sincerely thank the community for your support of the Shawnigan Lake Museum, in 2021. It continues to be a challenging time for everyone, including the museum. Our visitor numbers are nowhere near pre-Covid times, and we hope that 2022 brings all of us closer to 'normal' in every way.

We are grateful to every one of you who supported the mu-

seum by volunteering; visiting; sending visitors; writing reviews; shopping in the gift shop; donating and/or by becoming a member. Membership is an important way to show community support to funders and grantors.

To have a vital community, people must have a strong sense of community. One way is to reinforce pride in community - that is what the Shawnigan Lake Museum is all about. The

Museum is a true community project...from the commitment of passionate volunteers over the past 44 years to the generous donations of artifacts, photos, archival records and, of course, money.

Expansion of the museum is critical to the future success of the museum. After 40 years in the same building, the museum is pushed to the limit for space; there are no accessible washrooms and not enough space to increase community programs and events. The purpose of the expansion is less about additional exhibits and more about the space to increase engagement. The expansion will create space for meetings, community programming, clubs and events. And, it will provide accessible washrooms, both inside and outside.

To date, \$1.1 million has been raised for the expansion. With rising costs, the goal is now closer to \$2 million. This year, the museum's year-end fundraising event was focussed on the expansion. We would like to express our deep gratitude to everyone who has donated so far to this project. Since December 1st, we have raised iust over \$40k.

The Museum may look small from the outside - inside the story is big! Shawnigan Lake has a rich history of people, places and events. If you haven't been to the museum before, plan a

visit in 2022 to learn about the Kinsol Trestle, artist EJ Hughes, and much more. Staff and volunteers are there to share their passion for Shawnigan Lakepast, present and future with every visitor. Our guarantee... we will surprise you!

Thank you - we look forward to seeing you in the new year. If you are looking for an opportunity to get involved in the community, consider volunteering at the museum. If you want to support the museum, become a member, and if you can see the possibilities with a larger museum, please donate to our expansion project.

Best wishes for a happy and healthy 2022.

From the Museum team, Board members: Michael Battler, Delphine Castles. Bill Camden, Suelle Stewart, Jillian Lawrence and Brendon Joyce and Executive Director, Lori Treloar

Shawnigan Weather - 'Year in Review' & December 2021

Stats courtesy of UVic Weather Network ~ Reported by Grant Treloan

4	Dec	Cigarı	naker's	Discovery School		Museum		Elford Road		
**	Normal	Bay		Discovery school		Museum		Etioid Road		
		2021	2020	2021	2020	2021	2020	2021	2020	
Average High	5.6	3.0	6.3	3.6	7.6	3.8	7.8	3.4	7.0	
Average Low	0.5	-1.1	1.9	-1.6	1.6	-1.1	2.4	-1.2	1.5	
Extreme High	16.0	13.4	11.8	13.4	12.9	14.9	13.5	14.0	11.5	
Extreme Low	-15.0	-8.9	-3.1	-9.0	-3.6	-9.0	-3.1	-9.5	-3.5	
Precipitation	194.6	230.2	269.1	228.2	274.9	203.8	223.0	241.6	269.4	
Days w precip	20	26	22	27	22	25	22	23	22	
Year Precip	1250.8	1488.2	1556.2	1456.7	1483.3	1318.8	1300.0	1454.1	1536.0	
Prec since Oct 1	534.7	741.9	670.3	800.8	639.4	723.9	524.7	789.0	627.6	
	Rank since 1914: 17 th coldest , 40 th wettest									
Dec 5 Dec 12						Dec 19	Dec 26			
Lake Temperature 6° 5° 4° 3°										
Lake level change -22cm +1 4 cm +5 cm -9cm										
	Sı	ırface Ele	vation	117.33m	117.33m	117.52	117.23			

<u></u>	Shawnigan Annual Normals	Cigarmaker's Bay		Discovery School		Museum		Elford Rd		
200		2021	2020	2021	2020	2021	2020	2021	2020	
Avg Temp	9.9	10.6	10.5	10.6	10.7	11.0	11.1	10.4	10.3	
Extreme High	37.2	42.3	34.7	42.5	35.4	42.1	34.2	40.5*	33.0	
Extreme Low	-21.1	-8.9	-5.7	-9.0	-5.9	-9.0	-5.9	-9.5	-6.5	
Days w precip	174	168	174	176	175	161	165	171	184	
Precipitation	1250.8	1488.2	1556.2	1456.7	1483.3	1318.8	1300.0	1454.1	1536.0	
Rank since 1914: 13 th warmest, 16 th wettest										

Lake level: highest: 118.40m (last year 118.12) low est: 116.10m (last year 116.15m)

Comments

After the first day of the month, December ended up colder than normal, with 20 days of freezing temperatures. Precipitation vas above normal for the month, 62 cm of snow fell on 12 days, starting on the 3rd, with the bulk during the last week of the month. The last week of December was also the coldest week of the year.

2020 was slightly warmer than normal by 0.5 degree. Record setting all -time maximums happened at the end of June with the temperature exceeding 40°. There were 14 days (13 last year) when the temperature rose to 30or above and 60 days with freezing temperatures (45 last year).

Precipitation for 2021 was much wetter than last year, about 300mm above average, being the 16th wettest ever. The lake reached its 3rd highest level since 1909 in mid November.

Thanks to Ed Wiebe of the UVic Weather Network for his support and maintenance of the instruments at Cigarmaker's Bay, Discovery School, Shawnigan Lake School and the Museum. Also to Environment Canada for the meticulous records that have been kept for Shawnigan since 1914.

SHAWNIGAN CEMETERY

Notice of Annual General Meeting 2022

To receive reports and review accounts for the year January 1, 2021 to December 31, 2021

Sunday, January 23, 2022 Date:

Time: To be determined - Contact Administrator Due to current COVID-19 restrictions, Place:

the 2022 AGM may be held virtually. Details will be forwarded to all registered

attendees.

Contact: Roy Davies - ADMINISTRATOR

250-929-6100

KShawnigan Cemetery

Thank you for building community in

times of crisis

Sarah Davidge-Cardinal SCCP

As we wrap up another year, we recognize that 2021 met with both challenge and opportunity. Our communities were challenged and changed by COVID-19. Words like mask up, social distancing, isolation and vaccines became the common thread of many conversations. Police, Fire, Ambulance, Paramedics, Hospitals were, and still are, overwhelmed with patients dealing with this virus. A huge heartfelt "Thank you" to every single one of them. Words canntot express our gratitude. Again, words like pandemic and global infection were carried on from 2020 into 2021...and as we round the corner to 2022 we are now hearing new words like vaccine passports, variants, omicron and vaccine boosters. Oh, how our world has changed... and yet we stay strong, stay calm and carry on.

What does this all mean? Our community has changed from large events to Zoom, from face-to-face conversations to telephone calls and to masking up before entering a room. It has been a challenging two years and yet we continue - we have adapted to community building and supporting one another in times of crisis. We have had opportunities to help our neighbours, while learning to keep ourselves safe in the process. We have strengthened bonds in areas of family and our local community. Our Area Directors, many agencies and stakeholder partners have been researching new ways to build and support stronger communities and to be able to do this without being together in large assemblies and indoor events. A huge "Thank you" to all of you.

This has been challenging I know, for us all, understanding and adapting to technology and the fact that change does not come in one size fits all. So where do we go from here...?

We build stronger bonds, we move with the environment that we live, work and play in and we continue to support safety and awareness through the good old-fashioned telephone, emails and Zoom technology. As well, we open the office doors to a limit of two persons per visit with social distancing in place.



Why? For the safety and respect of all.

There is still much to accomplish. However, we also must stop for a moment and celebrate our success, as I was once told. In the summer we hosted with the RCMP a Volunteer Appreciation Luncheon dedicated to all volunteers from both the north and south. A small token gift was given out to show appreciation for the valuable time, energy, loyalty and carrying on in the midst of COVID-19 and other challenges. A huge "Thank you" to all our dedicated, and new, volunteers who are part of our FREE Friendly Phones, Speed Watch/Cell Watch, Block Watch, and our newest Program Seniors Safety Communication Network. You are the "Heart of Community Policing".

Accomplishments continue to be a part of Community



Policing and our programs continue to grow with dedicated volunteers, including Vancouver Island Criminology Practicum Students.

There has been an increase in Visible House # Signs and Slow Down/Drive Safely signs throughout the South Cowichan Community. These remind us all that it is important to be able to find our homes in case of emergency, or even deliveries, and to Slow Down and take a minute to enjoy the beautiful scenery that we have all around us in the Cowichan Valley.

We have had eight new Volunteers join us in the past two years. As well, in February of 2021 we hired an Assistant Coordinator, Erin Willis to support the Manager of Programs & Volunteers, Sarah Davidge-Cardinal. I can say that Erin is a huge asset to our office.



We are building new foundations with best practices from successes and opportunities, to learn from those not so successful. We are aware of the challenges, both personal and corporately, that we are all facing, and we will continue to provide support geared towards safety and awareness in the Cowichan Valley.

We need your help to build our communities into the model we all desire to live, work and play in. As part of that, we welcome your feedback and ideas - SCCP@ shaw.ca. As well, we can't stress enough that Volunteers are the Heart of Community Policing so once again "Thank you all" and, on behalf of all of us here at South Cowichan Community Policing Advisory Society, we would like to wish you, your families and communities a Safe and Hope-filled New Year 2022

Book Review

Marcy Green Shawnigan Focus

State of Terror

by Hillary Rodham Clinton and

Louise Penny

Published by Simon & Schuster and St. Martin's Press

Copyright 2021 by Hillary

Rodham Clinton and Three Pines Creations, LLC

My new favourite thrillers are those written by authors who have actually inhabited the worlds in their novels.

In this book, Hillary Clinton writes about an American Secretary of State trying to stay ahead of a multi-level plot. It involves bombs exploding, one after another, in the capitals of London, Paris and Frankfurt.

The Secretary of State discovers that the U.S. will be the next site, likely in Washington, D.C., but must find out when and where, before the deadly detonation. She also becomes aware that there is a traitor at work in the highest levels of American government but has no idea who it is. The task ahead is almost impossible, but she takes it on.

Thus begins a frantic race to various countries: Iran, Pakistan, Russia, Germany, and back to the USA - to Palm Springs, and, finally, Washington.

What is so frightening, and mesmerizing, is the behindthe-scenes look Clinton gives the reader into international diplomacy.

The delicacy and the timing needed in dealing with such different leaders and ideologies is incredibly complex and must be supported by a strong network of career diplomats and intelligence networks. In this instance, all those networks have been eroded by the former President who ignored experience, and only allowed "Yes-men" in these positions.

Consequently, the Secretary of State is dealing in a vacuum as the new appointees are well behind the curve in terms of knowledge and experience.

Clinton has a lot of fun taking pot-shots at the thinly veiled identity of the real former President and his shocking incompetence. One realizes that fiction is a great way to expose the truth and express opinions, all while avoiding lawsuits.

Louise Penny's influence as a successful crime writer is evident throughout this book. The characters are rich and relatable, especially the Secretary of State Ellen, and her assistant and best friend, Betsy.

Both are women in their 60's, described as somewhat frumpy and, between the two of them, smarter than all of the men they encounter. Ellen's daughter and son also play prominent roles, as does a young Iranian-American woman and the Chairman of the Joint Chiefs of Staff.

Penny does a surprise segue for her Inspector Gamache fans by sending a character to Three Pines, Quebec, to confer with the learned detective. This provides a nice cameo, fitting in well with the story.

I found the whole plot hung together very well despite the many twists and turns, dead ends and switchbacks. As complicated as relations seem between countries, they were somehow navigated and well- explained.

The most shocking part for me was the reminder of the danger of nuclear weapons falling into terrorist hands. The reader will be left with a renewed appreciation for the peacemakers of the world

Recommended for those who enjoy a harrowing thriller consisting of frightening villains and engaging characters who save the day.

Rating: 4.8/5 stars



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A fire in the **snow**

Jared Qwustenuxun Williams

Elders Kitchen Manager at Cowichan Tribes, and

I see the snow falling and the temperature following suit. I hear about a cold snap coming and can help but think about lighting a fire. Like some genetic remnant from when my, not so distant, ancestors would need to make fire to survive. I see the cold coming and I go look at my wood pile. Like a person opening the fridge when they aren't hungry, just to make sure there is still enough.

I went out into my yard and lit this fire. No paper, no fuel, no accelerant, just wood, bark, and sap wood. All of which I harvested in drier, warmer, times. I used my knife to carve a sliver of sapwood off to use to start my cedar kindling. I admit I did use a bic lighter, but I ain't about to spend an hour making a friction fire at -5c. Even I don't keep that skill practiced as much as I should. Once the fire comes to life, I quickly cover it with dry fir

bark and surround it with wet logs, a procedure I've done about a million times. I can even remember times where I've pulled sapwood right out of a snow covered stump. It's second nature.

I sat there, proud of my fire. Feeling that I could make it again, if need be, lost in some snow covered forest. Then a thought occurs to me, I might be an anomaly. I realize this is another one of those things we are losing. Hwulmuhw long houses gave way to modern homes, wood stoves gave way to heat pumps. Before long, no one can start a fire, no one has any wood split and seasoned, and people forget how to find sapwood. Soon, we are no longer reliant on our skills, we are reliant on the grid. I get it, not everyone can go get wood, or split and stack cords for winter.

But, if we use this as an example of one avenue of change, others quickly emerge. Things like, food from stores, cars over canoes, homes without fire. Don't get me wrong, it's nice to live



more lavishly than kings and chiefs did in yesteryear. We have modern medicine, modern foods, and the internet. But somehow, along the way, people stopped building fires.

The technology around fire building is slowly fading away into quiet obsolescence. Things like fire heating rocks to steam bend cedar canoes to shape, or burning wood to form bowls, or how to make and maintain slow matches, or how to locate and harvest sapwood, or hardening wood

handles with fire, or making and using ash soap. The list is literally endless, and we haven't even discussed cooking. Fire is life, as water is life. From fire, endless technologies can spring forth, whole categories of words are created. From the combination of both technology and language, culture is created. All from fire. Yet, as fire fades from commonality so do its gifts.

So, I guess I wanted to pay respect to the traditional fire builders. They stand at the gateway of powerful and ancient technologies...gifts that may one day be needed again.

There are several Hul'q'umi'num words for snow. Two examples: Falling snow is yi'yuq and snow on the ground is meqe'. A word for fire: huy'qw

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If you could have a New Year's wish, what

would it be?

The Shawnigan Basin Society wishes for another successful year to continue giving back to the Community!

With your help, we have been able to sustain the Volunteer Centre in the heart of the Village and continue efforts in watershed management. Watershed management is very important since the planning process results in collaboration amongst all parties affected by the watershed. This partnership is crucial to the sustainable management of the watershed's land and water resources, since all stakeholders have a vested interest in the watershed's health. Participating in water stewardship programmes improves water management, reduces water concerns, and

strengthens community ties through shared watershed governance.

We invite you to become a member. As a member you will receive opportunities to network with other community members, collaborate with organizations working on watershed sustainability, invitations to events and workshops, newsletters and updates sent via email.

We are kick starting the New Year with many opportunities available!

2022 at a Glance

- Milfoil/Soil/Water Improvement
- Cedar Planter Raffle Draw
- THE NATURAL EDGE - RESTORING THE

RIBBON OF LIFE

- Coho Salmon Project with Ken Gray
- Community Outreach Discussion with Vic Neufeld, BC Coalitions Institute
- Resilient Coasts for Salmon with Kelly Loch
- Medicinal Plant Identification, Traditional Storytelling and Medicine with Della Rice Sylvester
- Forest Walks for Biodiversity and Climate Change
- Community Education Flora, Fauna & Forests

If you would like to become a member, please email the Shawnigan Basin Society at info@shawniganbasinsociety.org

CONTACT: gord@yarrowgunworks.com 778.676.7253 ONE MEMERSHIP...

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Always believe that something wonderful is about to happen. ~ Dr. Sukhraj Dhillon

My Neighbour Betty

Janet Neilsen Shawnigan Focus

Betty Underwood was my neighbour. She was also the Block Watch organizer for our neighbourhood.

Betty was a beautiful embroiderer, and she did Tai Chi and Folk dancing. Betty also loved music as Tom, her husband was a bass player in the Cowichan Valley Concert Band. Betty would help with the program and tickets. Her biggest love was gardening in her beautiful yard.

Betty was married to Tom Underwood for 66 years on August 19, 2021 and the two of them were a wonderful team together. They had travelled the world, living in New Zealand and sailing a boat around Europe. They also had a VW van that they would go camping in across Canada and Mexico.

I remember seeing the Underwood's at the "Save Shawnigan Water" protests on Stebbings Road - at that time they were 84 years old. The Underwood's loved Shawnigan Lake as it was



where they had built their home to grow old together. Betty was very Community Oriented and loved talking to people.

I admired Betty. She was a very fit woman for 91 years old. She also had a twinkle in her eve and was so full of life. The Underwood's were a Love story. He was her best friend, and she was his. Every time Betty gave Tom his eye drops, he was also given a kiss.

Along with Covid...they both came down with dementia and slipped under the Radar. Betty lost her licence in November 2020, and they then needed help. Neighbours and friends stepped up to the plate to help this couple out and "Team Underwood" was formed.

Each of us had a day to check on Tom and Betty. We were able to help keep them in their home and meal delivery was organized. They were "treated"

to meals at the Lake House and The Black Swan. Lots of cookies and sweets were dropped off at the Underwood's. One neighbour made them breakfast every Sunday morning. Haircuts were done at their home, along with pedicures. Betty would be taken shopping at Thrifty's weekly. Neighbours cut the lawn and helped with vard work for a whole year. We made sure their driveway was shoveled when it snowed.

One friend would drive them to a doctor's appointment in Victoria once a month. Family was finally contacted, and Senior Care help had to be hired. But it took a Village to look after the Underwoods.

Betty was determined to stay in her own home until she was ready to leave and that's exactly what she did...no Senior home for her!

Thank you, Betty, for making a difference in our Community. We will all miss you.

Betty Underwood

July 7 1930- November 15 2021

The Malahat Legion 134

Gloria Solley Malahat Legion

Facebook: Royal Canadian Legion br 134

Be sure to check our website for up-dates. www.malahatlegion.ca.

GOOD NEWS (but tentative)

We have just word from PHO that we can re-open again on January 18th. Here is our tentative calendar, although it might change again when the new decisions are made on January

- 1:00 pm Wednesday 19th Drop-in Crib & Bridge
- 5:00 pm Thursday 20th Lions Club Dinner & Meeting
- 2:00 pm Friday 21st Drop in Euchre

- 3:00 pm Saturday 22nd Meet Draw
- 1:00 pm Sunday 23rd General Members Meeting
- 1:00 pm Wednesday 26th Drop-in Crib & Bridge
- 2:00 pm Friday 21st Drop in Euchre
- 10:00 am 1:00 pm Bottles drives continue every Saturday until further notice.

We would like to thank our members who worked behind the scenes during the many bottle drives, helped with the various collections and delivered carloads of food to the Food Bank... AND, a cheque for \$2,500 was also presented. BUT, we could not have succeeded without the help of YOU, our community. THANK YOU

HAPPY NEW YEAR EVERYONE!!



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Department members attended 20 incidents in December

- Wednesday, Dec 1 – Electrical Fire on Briarwood Cres
- Wednesday, Dec 1 MVI on Renfrew Rd
- Thursday, Dec 2 1st Responder off Shawnigan-Mill Bay Rd
- Thursday, Dec 2 Chimney Fire on Carlton
- Monday, Dec 6 MVI on Shawnigan Lake Rd
- Wednesday, Dec 8 1st Responder off Shawnigan Lake Rd
- Thursday, Dec 9 1st Responder off Shawnigan Lake Rd
- Friday, Dec 10 Mutual Aid MVI w/Malahat Fire
- Friday, Dec 10 1st Responder off Carlton Dr
- Saturday, Dec 11-Alarms Activated on Sylvester Rd
- Sunday, Dec 12 MVI on Renfrew Rd
- Sunday, Dec 12 MVI on Shawnigan Lake Rd
- Thursday, Dec 16 -1st Responder off S Shawnigan Lake Rd
- Sunday, Dec 19 1st Responder off Shawnigan-Mill Bay Rd
- Sunday, Dec 19 1st Responder off Northgate
- Wednesday, Dec 22 -MVI on W Shawnigan Lake Rd
- Thursday, Dec 23 1st Responder off Shawnigan Lake Rd
- Friday, Dec 24 MVI on Sooke Lake Rd

How much will you need to retire? Let's talk.

Kristy M Landry Financial Advisor

250-743-1259

Kristy.Landry@edwardjones.com

Valleyview Centre Cobble Hill, BC

Edward Jones

edwardjones.ca

COMMUNITY GROUPS

- Area B Director's meetings with Sierra Acton Email sacton@cvrd.bc.ca
- Shawnigan Advisory Planning Commission (APC) Meetings TBA
- **Shawnigan Parks and Recreation Commission** Meetings are held bi-monthly on the third Thursday of the month.
- **Shawnigan Lake Community Centre Commission** Meetings TBA. Held at the Shawnigan Lake Community Centre
- **Shawnigan Improvement District** 2nd Monday of each month 7 pm at #1 Fire Hall
- Shawnigan Residents Association (SRA) For info: check www.thesra.ca
- Shawnigan Lake Community Association (SLCA)

Contact: <u>bburr@shaw.ca</u>

- **Shawnigan Basin Society** Unit 4-1760 Shawnigan Mill Bay Road. Contact: info@shawniganbasinsociety.org
- Young Seniors Action Group (YSAGS)
- Contact: blog.ysag.ca email: ysagssl@gmail.com
- **★** Shawnigan Lake Museum

Re-Opening February 3, 2022 - 10:30 - 3:30 Contact: shawniganlakemuseum@shaw.ca www.shawniganlakemuseum.com

- South Cowichan Community Policing (SCCP) Contact: 250-929-7222 - www.southcowichancommunitypolicing.ca
- **★** Royal Canadian Legion Malahat District Branch 134 Saturday Meat Draw 3:00-5:00pm. Contact: Gloria gsolley@shaw.ca
- **South Cowichan Healthcare Aux.** every second Tuesday from 1 -2pm. at Mill Bay Community League Hall. southcowichanhealthcareaux@gmail.com
- **Shawnigan Quilters** Wed. 9-2 at Lion's Hall (former Sylvania School)
- **Note:** Covid restrictions may affect regular meetings. Check before you go...

Classified

GENERAL INTEREST

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FOR SALE MISC

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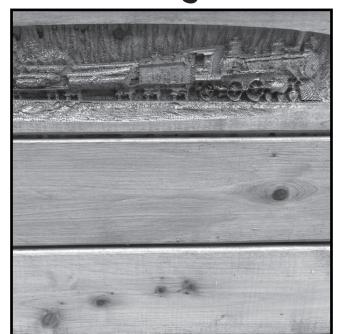
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What Is It? Where Is It? Why Is IT?



One lucky respondent with the correct answer will be randomly selected to win two Specialty Coffees at Shawnigan House.
Reply to: editor@shawniganfocus.ca

CONGRATULATIONS

Mary Vane-Hunt! December's answer was the Labyrinth circle in the field next to the Pavilion in Elsie Miles Park





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St. John's Academy Spotlight

Visit our website for addtional information: www.stjohnsacademy.ca/shawniganlake

A Month of Giving

We hope that everyone has had a safe holiday, and are refreshed to embrace 2022!

Before the students headed home for the holidays, the school was active in many fundraising and giving opportunities. We are grateful to the students and for the community for their participation. Here are a few highlights of the preholiday "giving-activities":

- Model United Nations Bake Sale
- Christmas Card Fundraising Sale
- Food Drive
- Toy Drive
- Shawnigan Lake Museum Donation

The Museum is looking to expand its programming space. It's a place that the students often visit to learn about the history of Shawnigan Lake. The school was pleased to help the Museum kick-off their fundraising campaign.

On behalf of the staff at St. John's Academy, we look forward to 2022, and unlimited possibilities.

Matt Jonah Director of Admissions matt.jonah@stjohnsacademy.ca



Lori Treloar, Executive Director with the Shawnigan Lake Museum accepting a donation from Managing Director, Tom Guo.







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